In a learning health care system, research influences practice and practice influences research.

**INTERNAL AND EXTERNAL SCAN**
Identify problems and potentially innovative solutions.

**EVALUATE**
Collect data and analyze results to show what works and what doesn’t.

**DESIGN**
Design care and evaluation based on evidence generated here and elsewhere.

**IMPLEMENT**
Apply plan in pilot and control settings.

**ADJUST**
Use evidence to influence continual improvement.

**DISSEMINATE**
Share results to improve care for everyone.

**INTERNAL AND EXTERNAL SCAN**
Identify problems and potentially innovative solutions.