

# Paula Rae Blasi, MPH

Kaiser Permanente Washington Health Research Institute · 1730 Minor Avenue, Suite 1600 · Seattle, Washington, 98101  
Phone: 206.287.2094 · Email: Paula.R.Blas@kp.org

## EDUCATION

**Master of Public Health (MPH)** University of Washington, Seattle, WA (2015)  
School of Public Health, Community-Oriented Public Health Practice (COPHP) program  
Capstone project: "Towards Healthier Birth Outcomes: Setting Direction for YWCA's Perinatal Support Program"  
Advisor: Karen A. Hartfield, MPH, Public Health-Seattle & King County

**Bachelor of Arts (BA)** Summa Cum Laude, Tufts University, Medford, MA (2007)  
Major in International Relations  
Study abroad in Dakar, Senegal (2005)  
Independent study project: "Conscientious Cinema: Senegalese Filmmakers as Preservers of Cultural Identity & Promoters of Social Change"

## PROFESSIONAL EXPERIENCE

**Research Associate I, Kaiser Permanente Washington Health Research Institute**, October 2015 - present  
*Projects:* Evidence-based Practice Center (EPC) systematic evidence reviews on screening and prevention Learning Health System: Rapid literature reviews for KPWA's care delivery system  
Lynx: Designing a process for health system-led familial genetic risk notification  
eMERGE: Considerations for familial sharing of genetic testing data  
HPV Boost: Qualitative analysis on barriers to HPV vaccine completion

**Graduate Student Intern IV, Kaiser Permanente Washington Health Research Institute**, May 2015 - October 2015  
*Projects:* Evidence-based Practice Center (EPC); Learning from Effective Ambulatory Practices (LEAP); Taking Action on Overuse; Relational Coordination pilot project

**The Advisory Board Company**, July 2008 - May 2013  
*Positions:* Senior Editor/Editor: March 2011 - May 2013  
Associate Editor: February 2010 - March 2011  
Senior Staff Writer: June 2009 - February 2010  
Staff Writer: July 2008 - June 2009  
*Publications:* iHealthBeat, California Healthline, Global Health Policy Report, Women's Health Policy Report, HIV/AIDS Daily Report

**Service Fellow, Innovations in Civic Participation**, September 2007 - July 2008  
*Projects:* Talloires Network international association of universities

## ACADEMIC EXPERIENCE

**Graduate Student Intern, YWCA Seattle | King | Snohomish**, April 2014 - June 2015  
*Projects:* Community health needs assessment focused on birth outcomes in King County; Literature review on best practices in perinatal case management; Employee handbook for new outreach workers

**Graduate Student Intern, Kaiser Permanente Washington Health Research Institute**, June 2014 - September 2014  
*Projects:* Environmental scan of HPV vaccine public awareness campaigns

**Practicum Student, Public Health-Seattle & King County**, January 2014- June 2014  
*Projects:* Survey of primary care providers to assess access to care for Medicaid beneficiaries

### **Coursework-related Projects:**

- Designed evaluation for Public Health-Seattle & King County's Communities of Opportunity program
- Assessed the reliability of the Washington State Board of Health's strength-of-evidence tool
- Conducted focus groups with homeless youth about barriers to health insurance coverage
- Interviewed Skagit County residents about experiences with the Emergency Medical Services system
- Designed evaluation of health consequences of recreational marijuana legalization in Washington
- Evaluated community engagement and access to recreational programs at Yesler Community Center

## PUBLICATIONS

### Peer-reviewed journal publications:

1. Henrikson NB, **Blasi PR**, Corsmo JJ, Sheffer Serdoz E, Scrol A, Greene SM, Matthews TL, Ralston JD. "You Really Do Have to Know the Local Context": IRB Administrators and Researchers on the Implications of the NIH Single IRB Mandate for Multisite Genomic Studies. *J Empir Res Hum Res Ethics*. 2019 Jul;14(3):286-295. PMID: 31113270
2. Henrikson NB, **Blasi PR**, Fullerton SM, Grafton J, Leppig KA, Jarvik GP, Larson EB. "It would be so much easier:" Health system-led genetic risk notification: feasibility and acceptability of cascade screening in an integrated system. *J Community Genet*. 2019 Mar 6. PMID: 30843145
3. McClure JB, Anderson M, Krakauer C, **Blasi PR**, Bush T, Nelson J, Catz S. Impact of a Novel Oral Health Promotion Program on Routine Oral Hygiene Among Socio-economically Disadvantaged Smokers: Results from a Randomized Semi-Pragmatic Trial. *Transl Behav Med*. 2019 Feb 12. PMID: 30753662
4. **Blasi PR**, Krakauer C, Anderson ML, Nelson J, Bush T, Catz SL, McClure JB. Factors Associated with Future Dental Care Utilization Among Low-Income Smokers Overdue for Dental Visits. *BMC Oral Health*. 2018;18(1):183. PMID: 30382910
5. **Blasi PR**, Crompton D, McDonald S, Hsu C, Coleman K, Flinter M, Wagner EH. Approaches to Behavioral Health Integration at High Performing Primary Care Practices. *J Am Board Fam Med*. 2018;31(5):691-701. PMID: 30201665.
6. Tiffany B, **Blasi PR**, Catz SL, McClure JB. Mobile Apps for Oral Health Promotion: Content Review and Heuristic Usability Analysis. *JMIR mHealth uHealth*. 2018;6(9):e11432. PMID: 30181114.
7. Henrikson NB, Morrison CC, **Blasi PR**, Nguyen M, Shibuya KC, Patnode CD. Behavioral Counseling for Skin Cancer Prevention: Evidence Report and Systematic Review for the US Preventive Services Task Force. *JAMA*. 2018;319(11):1143-57. PMID: 29558557.
8. McClure JB, Bush T, Anderson ML, **Blasi PR**, Thompson E, Nelson J, Catz, SL. Oral Health Promotion and Smoking Cessation Program Delivered via Tobacco Quitlines: The Oral Health 4 Life Trial. *Am J Public Health*. 2018:e1-e7. PMID: 29565660.
9. Dunn J, Henrikson NB, Morrison CC, **Blasi PR**, Nguyen M, Lin JS. Screening for Adolescent Idiopathic Scoliosis: An evidence report and systematic review for the US Preventive Services Task Force. *JAMA*. 2018; 319(2):173-187. PMID: 29318283
10. McClure JB, **Blasi PR**, Cook A, Bush T, Fishman P, Nelson J, Anderson ML, Catz SL. Oral health 4 life: Design and methods of a semi-pragmatic randomized trial to promote oral health care and smoking abstinence among tobacco quitline callers. *Contemp Clin Trials*. 2017. PMID: 28412230
11. Parchman ML, Henrikson NB, **Blasi PR**, Buist DS, Penfold R, Austin B, Ganos EH. Taking action on overuse: Creating the culture for change. *Healthc (Amst)*. 2016. PMID: 27840099
12. Lozano P, Henrikson NB, Morrison CC, Dunn J, Nguyen M, **Blasi PR**, Whitlock EP. Lipid Screening in Childhood and Adolescence for Detection of Multifactorial Dyslipidemia: Evidence Report and Systematic Review for the US Preventive Services Task Force. *JAMA*. 2016; 316(6):634-44. PMID: 27532918.
13. Lozano P, Henrikson NB, Dunn J, Morrison CC, Nguyen M, **Blasi PR**, Anderson ML, Whitlock EP. Lipid Screening in Childhood and Adolescence for Detection of Familial Hypercholesterolemia: Evidence Report and Systematic Review for the US Preventive Services Task Force. *JAMA*. 2016; 316(6):645-55. PMID: 27532919
14. Wernli KJ, Henrikson NB, Morrison CC, Nguyen M, Pocobelli G, **Blasi PR**. Screening for Skin Cancer in Adults: Updated Evidence Report and Systematic Review for the US Preventive Services Task Force. *JAMA*. 2016; 316(4):436-47. PMID: 27458949
15. **Blasi PR**, King D, Henrikson NB. HPV Vaccine Public Awareness Campaigns: An Environmental Scan. *Health Promotion Practice*. 2015. PMID: 26220277

Peer-reviewed systematic evidence reviews:

1. Henrikson NB, Bowles E, Pilarisetty V, Morrison C, **Blasi PR**, Lin J. Screening for Pancreatic Cancer: An Updated Systematic Evidence Review for the U.S. Preventive Services Task Force. Rockville (MD): Agency for Healthcare Research and Quality (US); (in process)
2. Henrikson NB, Morrison C, **Blasi PR**, Nguyen M, Shibuya K, Patnode C. Behavioral Counseling for Skin Cancer Prevention: An Updated Systematic Evidence Review for the U.S. Preventive Services Task Force. Rockville (MD): Agency for Healthcare Research and Quality (US); 2017. PMID: 29697227. Available from: <https://www.ncbi.nlm.nih.gov/books/NBK493693/>
3. Dunn JD, Henrikson NB, Morrison C, Nguyen M, **Blasi PR**, Lin J. Screening for Idiopathic Scoliosis: An Updated Systematic Evidence Review for the U.S. Preventive Services Task Force. Rockville (MD): Agency for Healthcare Research and Quality (US); 2017. PMID: 29638297. Available from: <https://www.ncbi.nlm.nih.gov/books/NBK493367/>
4. Lozano P, Henrikson NB, Dunn J, Morrison CC, Nguyen M, **Blasi PR**, Anderson ML, Whitlock E. Lipid Screening in Childhood and Adolescence for Detection of Familial Hypercholesterolemia: A Systematic Evidence Review for the U.S. Preventive Services Task Force. Rockville (MD): Agency for Healthcare Research and Quality (US); 2016. PMID: 27559556. Available from: <http://www.ncbi.nlm.nih.gov/books/NBK379718/>
5. Lozano P, Henrikson NB, Morrison CC, Dunn J, Nguyen M, **Blasi PR**, Whitlock EP. Lipid Screening in Childhood for Detection of Multifactorial Dyslipidemia: A Systematic Evidence Review for the U.S. Preventive Services Task Force. Rockville (MD): Agency for Healthcare Research and Quality (US); 2016. PMID: 27559550. Available from: <http://www.ncbi.nlm.nih.gov/books/NBK379670/>

Other publications:

1. **Blasi PR**. Reducing No-Shows: A Rapid Literature Review for KPWHRI's Learning Health System. September, 2018.
2. **Blasi PR**, Wong EY, Johnson NM, Kern E. Monitoring Local Impacts of Medicaid Expansion on Primary Care Provider Capacity: A Case Study from King County, Washington. Public Health-Seattle & King County. 2017. <http://www.kingcounty.gov/depts/health/-/media/depts/health/data/documents/monitoring-local-impacts-medicaid-expansion.ashx>
3. **Blasi PR**. California May Learn From Other States in Move Toward Streamlined Enrollment. *California Healthline*. 2013: <http://www.californiahealthline.org/capitol-desk/2013/10/california-may-learn-from-other-states-in-move-toward-streamlined-medical-enrollment>
4. **Blasi PR**. California One of Two States Cashing In on New ACA Long-Term Care Funding. *California Healthline*. 2013: <http://www.californiahealthline.org/capitol-desk/2013/10/california-one-of-few-states-cashing-in-on-new-longterm-care-funding>
5. **Blasi PR**. Shutdown Hasn't Slowed State Leaders. *California Healthline*. 2013: <http://www.californiahealthline.org/insight/2013/shutdown-hasnt-slowed-state-health-leaders>
6. **Blasi PR**. Health IT: The Common Ground in Health Care Reform? *California Healthline*. 2012: <http://www.californiahealthline.org/road-to-reform/2012/health-it-the-common-ground-in-health-care-reform>

## DISSEMINATION

Oral presentations:

1. Henrikson NB, **Blasi PR**. Review of the Literature. Presentation at: Taking Action on Overuse Capstone Summit; 2018 June 13-14; Seattle, WA.
2. **Blasi PR**, Morrison CC, Henrikson NB. Evidence-Based Medicine, Systematic Reviews, and Meta-Analyses. Seminar presentation for the Building Research across Inter-Disciplinary Gaps (BRIDG) T90 Program at the University of Washington; 2017 November 9. Seattle, WA.

Posters:

1. Kamineni A, **Blasi PR**, Gundersen GD, Oliver M, Galloway DA, Madeleine MM. Barriers to HPV vaccine series completion in an insured population: Results from a pilot study. Poster presented at: 32nd International Papillomavirus Conference; 2018 October 2-6; Sydney, Australia.

2. Henrikson NB, **Blasi PR**, Walsh-Bailey C, McDonald S, Morrison CC, Crompton D, Austin BT, Hsu C, Wagner E. What makes for an effective care team? Team composition & functions in team-based care interventions. Poster presented at: AcademyHealth Annual Research Meeting; 2018 June 24-26; Seattle, WA.
3. **Blasi PR**, Tiffany B, Zokaie T, Catz S, McClure JB. Environmental Scan & Review of Oral Health Promotion Apps: Opportunities for Future Intervention Development. Poster presented at: Society of Behavioral Medicine Annual Meeting; 2018 April 11-14; New Orleans, LA.
4. **Blasi PR**, Krakauer C, Anderson M, Thompson E, Nelson J, Bush T, Catz S, McClure JB. Oral Health Needs and Barriers to Dental Care Among Smokers Calling State Tobacco Quitlines. Poster presented at: Society of Behavioral Medicine Annual Meeting; 2018 April 11-14; New Orleans, LA.
5. Henrikson NB, **Blasi PR**, Austin B, Penfold RB, Buist DSM, Gundersen G, Ganos E, Parchman M. Social science to support provider engagement in reducing low-value care. Poster presented at: AcademyHealth Annual Research Meeting; 2017 June 25-27; New Orleans, LA.
6. Parchman ML, Henrikson NB, **Blasi PR**, Buist DSM, Penfold R, Austin B, Ganos EH. Taking Action on Overuse. Poster presented at: Health Care Systems Research Network; 2017 March 21-23. San Diego, CA.

## FUNDING HISTORY

### Current projects:

1R01HG010144-1 (Henrikson) 9/20/2018-6/30/2022  
 National Human Genome Research Institute  
 Lynx: Qualitative study to design and test a workflow for health system-led familial genetic risk notification  
 Role: Research Associate

HHS290201500007i (Lin) 9/1/2018-11/30/2020  
 Agency for Healthcare Research and Quality  
 Evidence-based Practice Center: Systematic Evidence Review on Screening for Colorectal Cancer  
 Role: Research Associate

HHS290201500007i (Lin) 7/23/2018-7/22/2020  
 Agency for Healthcare Research and Quality  
 Evidence-based Practice Center: Technical Brief on Genomic Testing  
 Role: Research Associate

1U01DE024462-01 (McClure) 8/1/2014-6/30/2019  
 National Institute of Dental and Craniofacial Research  
 Oral Health 4 Life RCT: Integrating Oral Health Promotion & Tobacco Quitline Counseling  
 Role: Research Associate; Fidelity Monitor

HHS290201500007i (Lin) 9/11/2017-5/31/2019  
 Agency for Healthcare Research and Quality  
 Evidence-based Practice Center: Systematic Evidence Review on Screening for Pancreatic Cancer  
 Role: Research Associate

2018 Development Fund (Lewis/Henrikson) 1/1/2018-12/31/2018  
 Kaiser Permanente Washington Health Research Institute  
 Systematic Review of Screening Tools for Social Determinants of Health  
 Role: Lead Research Associate

### Completed projects:

3UL1TR001425-03S1 (Heubi) 9/20/2017-3/31/2018  
 National Human Genome Research Institute  
 Optimizing sIRB for Review Genomic Research  
 Role: Research Associate

HHS290201500007i (Lin) 10/1/2015-2/28/2018  
 Agency for Healthcare Research and Quality  
 Evidence-based Practice Center: Systematic Evidence Review on Behavioral Counseling for Skin Cancer Prevention  
 Role: Research Associate

73506 (Parchman) Robert Wood Johnson Foundation Phase 2 of RWJF's Supporting Provider Engagement in Value in Health Care Program (Taking Action on Overuse) Role: Research Associate	5/1/2016-4/30/2018
HHSA290201200015i (Lin) Agency for Healthcare Research and Quality Evidence-based Practice Center: Systematic Evidence Review on Screening for Adolescent Idiopathic Scoliosis Role: Research Associate	10/1/2014-8/19/2017
U01 HG008657 (Larson) National Human Genome Research Institute Family Network Approach to Assess the Trickle-Down Effect of Genetic Testing Role: Research Associate	6/1/2016-5/31/2017
71986 (Wagner) Robert Wood Johnson Foundation Primary Care Teams: Learning from Effective Ambulatory Practices (LEAP) Phase 2 Role: Research Associate	9/1/2014-2/28/2017
HHSA290201200015i (Whitlock) Agency for Healthcare Research and Quality Evidence-based Practice Center: Systematic Evidence Review on Screening for Skin Cancer Role: Research Associate	1/1/2014-8/31/2016
HHSA290201200151i (Whitlock) Agency for Healthcare Research and Quality Evidence-based Practice Center: Systematic Evidence Review on Screening Children for Multifactorial Dyslipidemia Role: Research Associate	9/1/2014-2/28/2016
72546 (Parchman) Robert Wood Johnson Foundation Phase I of RWJF's Supporting Provider Engagement in Value in Health Care Program (Taking Action on Overuse) Role: Research Associate	3/15/2015-4/30/2016
HHSA290201200151i (Whitlock) Agency for Healthcare Research and Quality Evidence-based Practice Center: Systematic Evidence Review on Screening Children for Familial Hypercholesterolemia Role: Research Associate	3/1/2013-7/31/2015

## LOCAL SERVICE

Co-chair, Scientific Advisory Committee, KP Washington Health Research Institute, 2018

## NATIONAL SERVICE

- Peer reviewer:  
  - Health Promotion Practice*, 2018 – present
  - Preventive Medicine*, 2019 – present
- Society memberships:  
  - Society of Behavioral Medicine
  - AcademyHealth

## SKILLS

- Conducting systematic evidence reviews
- Writing and editing reports & manuscripts
- Interviewing
- Qualitative data coding and analysis
- Atlas.ti qualitative analysis software
- Stata statistical software
- EndNote citation management software
- Fidelity coding for counseling interventions
- Copyediting and fact-checking
- Associated Press (AP) style and other style guides
- Website content management systems
- French

## AWARDS & HONORS

- 2018 Morale Award, Kaiser Permanente Washington Health Research Institute
- 3.98 GPA, University of Washington, School of Public Health, 2015
- 3.82 GPA, Tufts University, School of Arts and Sciences, 2007
- Summa Cum Laude, Tufts University, School of Arts and Sciences, 2007
- Phi Beta Kappa Honor Society, Tufts University, 2007
- Sigma Iota Rho International Relations Honor Society, Tufts University, 2005-2007
- First Place, Kaplan/Newsweek National Essay Contest & Scholarship, 2003