

Rosemary Meza, Ph.D., M.S.

Kaiser Permanente Washington Health Research Institute
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Education

2021	Ph.D. Psychology, Child Clinical University of Washington
2016	M.S. Psychology, Child Clinical University of Washington
2011	B.A. Psychology, Cum Laude, Distinction in Psychology San Diego State University

Predoctoral Training

2020 - 2021	Clinical Internship University of Washington
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Professional Positions

2022 - Present	Research Associate, Kaiser Permanente Washington Health Research Institute, Seattle WA
2021-2022	Postdoctoral Fellow, University of Washington, Department of Psychiatry, Seattle, WA

Extramural Grant Support

2021 – 2023	National Institute of Mental Health Postdoctoral Training Grant Fellow (T32) 5T32MH020021-23
2018 – 2020	National Institute of Mental Health Diversity Supplement \$86,366 Total Direct Costs; 3R01MH112633-02S1 Title: Examining Methods to Increase Access to and Quality of Trauma-Focused CBT for Youth in Western Kenya

Intramural Grant Support

2020	Bolles Dissertation Fellowship, \$1,250
2018	University of Washington, Alcor Fellowship, \$12,533
2015	University of Washington, Top Scholar Award, \$11,495
2009-2011	NIH/NIGMS-Minority Biomedical Support-Initiative for Maximizing Student Development (MBRS-IMSD) Fellowship, \$45,640

Awards/ Honors

2021	Graduate Medalist in the Natural Sciences
2015 & 2018	Society of Multivariate Experimental Psychology Underrepresented Student Workshop Travel Award
2015	Society for Implementation Research Collaborative, Outstanding Student Investigator Award
2011	Mortar Board Senior Honor Society, Philanthropy Chair, San Diego State University
2010 & 2011	Provost Award, Student Research Symposium, San Diego State University

2009-2011	University Honors Program, San Diego State University
2008-2011	Deans List, San Diego State University
2008-2009	Scholars Without Borders Honor Society, San Diego State University
2007-2011	Compact for Success Scholar, San Diego State University

Research Experience

Building and Sustaining Interventions for Children (BASIC): Task-sharing Mental Health Care in Low-resource Settings, University of Washington

Predoctoral Research Assistant, June 2017 – June 2020

Mentor: Shannon Dorsey, PhD

Grant: R01MH112633

The aim of this study is to identify locally sustainable implementation strategies to support the scale-up and sustainment of TF-CBT delivered by lay counselors in the education and health sector in Kenya for children and adolescents experiencing traumatic grief. [My NIMH diversity supplement](#) extends this work by examining barriers and facilitators of client engagement in TF-CBT, developing methods to select implementation strategies, and measuring the use of implementation strategies during implementation coaching.

Duties: Measure development and collaborative cultural adaptation of measures; Study design decisions related to construct measurement; Developed data management systems to track and merge multiple multilevel data sources; Developed qualitative interview guides; Developed methods for reporting and tracking implementation strategies; Staff supervision; Manuscript writing

Evaluating the Impact of a Tailored Supervisor-level Pilot Intervention on Implementation of Evidence-Based Practices in Community Mental Health, University of Washington

Predoctoral Research Assistant, Sept. 2016 – Sept. 2017

Mentor: Shannon Dorsey, PhD

Funding: WA State contract

Designed and conducted a randomized controlled pilot study in collaboration with a fellow graduate student to test the impact of a coaching intervention for supervisors aimed at improving implementation climate, supervisor and clinician training engagement and quality of treatment delivery in the context of a state-funded CBT implementation initiative.

Duties: Study design; Applied theory to develop a supervisor coaching intervention; Conducted Generalized Estimation Equations (GEE) models; Co-facilitated supervisor coaching calls; Developed treatment quality coding methods

Improving Practice in Community-based Settings: A Randomized Trial of Supervision Strategies, University of Washington

Predoctoral Research Assistant, March 2016 – June 2017

Mentor: Shannon Dorsey, PhD

Grant: R01MH095749

Examined characteristics and functions of clinical supervision in community mental health settings and associations among clinician, supervisor, and organizational factors with objectively coded supervision sessions. My dissertation research extends this work by using a pattern-oriented approach to examine profiles of supervision techniques used during supervision and investigating the relation between supervision profiles and clinician treatment fidelity.

Duties: Psychometric examination; Conducted multilevel modeling, regression analyses, latent profile analysis and cluster analysis; Data quality assurance and management; Manuscript writing; Presented findings; Supervised staff

Washington State CBT Plus Initiative, University of Washington

Predoctoral Research Assistant, Sept. 2016 – Oct. 2018

Mentor: Shannon Dorsey, PhD

Funding: WA State contract

Conducted program evaluations for a state-funded initiative to train community mental health providers in CBT for anxiety and depression, trauma, and behavior problems. Designed studies to examine clinicians' training completion and use of EBTs following training. I examined indicators of clinician engagement behaviors that predict successful training completion and characterized clinician modification to the EBTs following training and predictors of the extent of EBT modification.

Duties: Defined aims for program evaluation; Study design; Data analysis including regression and multilevel modeling; Survey development; Report writing, Presenting findings, Staff supervision

Autism Model of Implementation, San Diego State University

Research Assistant, Aug. 2012 – Aug. 2014

Mentor: Amy Drahota, PhD

Grant: K01MH093477

Utilized an academic-community collaboration to develop a model for community agencies that provide services to children with an autism spectrum disorder (ASD) to identify and implement evidence-based interventions in their agency.

Duties: Recruitment; Data collection, management and analysis; Community stakeholder partnership; Implementation strategy development; Project coordination, Staff supervision

Developmental Cognitive Neuroscience Laboratory, San Diego State University

Research Assistant, Aug. 2010 – Dec. 2011

Mentor: Pamela Moses, PhD

Utilized MRI-based diffusion tensor imaging to visualize and assess white matter development in individuals who suffered a unilateral perinatal stroke to understand the principles of plasticity following an early injury.

Duties: Literature reviews; Processed data using FSL and AFNI; Data analysis; Research presentation.

Developmental Laboratory of Language and Cognition, San Diego State University

Research Assistant, Aug. 2008 – Aug. 2010

Mentor: Judy Reilly, PhD

Characterized the development of typically developing children's production of both spontaneous and voluntary facial expressions to inform therapeutic techniques for children with affect deficits

Duties: Recruitment; Data collection, management and analysis; Gesture and facial coding; Staff training; Research presentation

Publications

Underline indicates student with significant mentoring

Published manuscripts

1. **Meza, R. D.**, Triplett, N., Woodard, G., Martin, P. Khairuzzaman, A. N, Tejada Jamora, G., Dorsey, S. (2021). The relationship between first-level leadership and inner-context and implementation outcomes in behavioral health: A scoping systematic review. *Implementation Science*.
2. Triplett, N.S., Woodard, G.S., AlRasheed, R., **Meza, R. D.**, Robinson, S., Berliner, L., Dorsey, S. (2021). Application of Evidence-Based Treatment in Community Mental Health Settings: Examining EBT Delivery Duration and Client Discharge. *The Journal of Behavioral Health Services & Research*.
3. Drahota, A., **Meza, R. D.**, Bustos, T. E., Sridhar, A., Martinez, J. I., Brikho, B., Stahmer, A. C., & Aarons, G. A. (2020). Implementation-as-usual in community-based organizations providing specialized services

to individuals with autism spectrum disorder: A mixed methods study. *Administration and Policy in Mental Health and Mental Health Services Research*.

4. **Meza, R. D.**, Kiche S., Soi, C., Khairuzzaman, A. N., Rivera Nales, C. J., Wasonga, A., Amany, C., Whetten, K., & Dorsey, S. (2020). Barriers and facilitators of child and guardian attendance in task-shifted mental health services in schools in Western Kenya. *Global Mental Health*, 7(e16), 1-10.
5. Dorsey, S., Gray, C., Wasonga, A., Amany, C., Weiner, B., Belden, M., Martin, P., **Meza, R. D.**, Weinhold, A., Soi, C., Murray, L., Lucid, L., Turner, E., Mildon, R., & Whetten, K. (2020). Advancing successful implementation of task-shifted mental health care in low-resource settings (BASIC): Protocol for a stepped wedge cluster randomized trial. *BMC Psychiatry*.
6. Dorsey, S., **Meza, R. D.**, Martin, P., Gray, C. L., Triplett, N. S., Soi, C., Woodard, G. S., Lucid, L., Amany, C., Wasonga, A., & Whetten, K. (2019). Lay counselor perspectives of providing a child-focused mental health intervention for children: Task-sharing in the education and health extension sectors in Kenya. *Frontiers in Psychiatry*.
7. Woodard, G., Triplett, N., Martin, P., **Meza, R. D.**, Lyon, A. Berliner, L., Dorsey, D. (2019). Implementing mental health services for children and adolescents: Caregiver involvement in school-based care. *Psychiatric Services*.
8. **Meza, R. D.**, Beidas, R. S., Ehrhart, M.G., Mandell, D., Dorsey, S., Frederick, L., Oh, C., Locke, J. (2019). Discrepancies and agreement in perceptions of implementation leadership: Associations with dosage of school-based evidence-based practices for children with autism. *Administration and Policy in Mental Health and Mental Health Services Research*, 46(4), 518-529.
9. **Meza, R. D.**, Jungbluth, N., Sedlar, G., Martin, P., Berliner, L., Wiltsey-Stirman, S., Dorsey, S. (2019). Clinician-reported modification to a CBT approach in children's mental health. *Journal of Emotional and Behavioral Disorders*, 00(0), 1-10.
10. Stadnick, N., **Meza, R. D.**, Suhrheinrich, J., Aarons, G. A., Brookman-Frazee, L., Lyon A. R., Mandell D., Locke, J. (2019). Leadership profiles associated with the implementation of behavioral health evidence-based practices in schools. *Autism*, 00(0), 1-12.
11. Birken S., Clary A., Alishahi Tabriz, A., Turner K., **Meza, R. D.**, Zizzi A., Larson M., Walker, J., Charns M. (2018). Middle managers' role in implementing evidence-based practices in healthcare: A systematic review. *Implementation Science*, 13(1), 149.
12. Lucid, L., **Meza, R.**, Pullmann, M. D., Jungbluth, N., Deblinger, E., & Dorsey, S. (2018). Supervision in community mental health: Understanding intensity of EBT focus. *Behavior Therapy*, 49(4), 481-493.
13. Pickard, K., **Meza, R. D.**, Brikho, B., Drahota, A. (2017). They're doing what? A brief paper on service use and attitudes in ASD community-based agencies. *Journal of Mental Health Research in Intellectual Disabilities*, 11(2), 111-123.
14. Dorsey, S., Pullmann, M. D., Kerns, S. E., Jungbluth, N., **Meza, R. D.**, Thompson, K., & Berliner, L. (2017). The juggling act of supervision in community mental health: Implications for supporting evidence-based treatment. *Administration and Policy in Mental Health and Mental Health Services Research*, 44(6), 838-852.
15. Drahota, A., **Meza, R. D.**, Brikho, B., Naaf, M., Estabillo, J. A., Gomez, E. D., ... & Aarons, G. A. (2016). Community-academic partnerships: A systematic review of the state of the literature and recommendations for future research. *The Milbank Quarterly*, 94(1), 163-214.
16. **Meza, R. D.**, Drahota, A., Spurgeon, E. (2016). Community-academic partnership participation. *Community Mental Health Journal*, 52(7), 793-798.

Manuscripts under review

1. **Meza, R. D.**, Pullmann, M. D., Dorsey S. (Under review). Clinical supervision approach predicts evidence-based treatment delivery in children's mental health
2. Martin, P., Haroz, E., Lee, C., Bolton, P., Martin, K., **Meza, R. D.**, McCarthy, E., Dorsey, S. (Under Review). A qualitative study of mental health problems among children living in New Delhi slums.

Manuscripts in preparation

1. Martin, P., **Meza, R. D.**, Birken, S., Berliner, L., Dorsey, S. (In prep.). Evaluating the impact of a tailored middle-manager-level pilot facilitation intervention on implementation of evidence-based practices in Community Mental Health.
2. Dorsey, S., Martin, P., **Meza, R. D.**, Gray, C., Soi, C., Woodard, G., Amany, C., Wasonga, A., Weiner, B., Weinhold, A., Whetten, K. (In prep). Methods for studying the implementation of evidence-based treatments in low- and middle-income countries: An exemplar from the education and health sectors in Kenya.

Authored Book Chapters

1. Lambert, H. K., **Meza, R.**, Martin, P., Fearey, E., & McLaughlin, K. A. (2017). Childhood Trauma as a Public Health Issue. In Landolt M., Cloitre M., Schnyder U. (Eds), *Evidence-Based Treatments for Trauma Related Disorders in Children and Adolescents* (pp. 49-66). Cham, Switzerland: Springer

Authored Intervention Manuals

1. Drahota, A., **Meza, R.**, & Martinez, J. *The Autism-Community Toolkit: Systems to Measure and Adopt Research-Based Treatments*. 2014. www.actsmarttoolkit.com

Presentations

1. Rivera Nales, C. J., Woodard, G., Martin, P., **Meza, R.**, Dorsey, S., Sheffield, W., & Robinson, S. (November, 2020). Effectiveness of a transdiagnostic evidence-based treatment on improving child clinical outcomes in community mental health in Washington state. *Poster presented virtually at the 54th Annual Convention of the Association for Behavioral and Cognitive Therapies*.
2. AlRasheed, R., Triplett, N., Woodard, G., **Meza, R. D.**, Robinson, S., & Dorsey, S. (November, 2020). Clinical supervision: a potential strategy to improve implementation climate. Poster accepted for presentation at the 54th Annual Association for Behavioral and Cognitive Therapies Convention, Philadelphia, PA.
3. Triplett, N.S., Woodard, G.S., AlRasheed, R., **Meza, R. D.**, Robinson, S., Dorsey, S. (November, 2020). *Evidence-Based Practice Efficiency in Community Mental Health: An examination of EBP delivery length and client discharge rates*. Poster to be presented at the 54th Annual Convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, Pennsylvania.
4. Martin, P., Whetten, K., Gray, C., **Meza, R. D.**, Amany, C., Wasonga, A., & Dorsey, S. (December, 2019). *What makes an enabling context for mental health delivery? Differential implementation practices for task-shared delivery across education and health sectors in western Kenya*. Talk accepted at the 11th Annual Conference on the Science of Dissemination and Implementation in Health, Arlington, VA.
5. Woodard, G. S., Harrison, J. P., **Meza, R. D.**, Khairuzzaman, A., Berliner, L., & Dorsey, S. (November, 2019). *Predicting and changing negative beliefs community clinicians hold towards exposure use with youth*. Poster accepted to the Annual Convention of the Association of Behavioral and Cognitive Therapies in Atlanta, Georgia.

6. Lucid, L., Martin, P., Gray, C., **Meza, R. D.**, Wasonga, A., Whetten, K., & Dorsey S. (September, 2019). *Lay counselor burnout and turnover across systems: Are there differences that are important for implementation of task-sharing approaches?* Poster presented at the Society for Implementation Research Collaborative, Seattle WA.
7. Triplett, N., Woodard, G., Gray, C., Lucid, L., Martin, P., **Meza, R.**, Whetten, K., Frederick, T., Amany, C., Wasonga, A., & Dorsey, S. (September, 2019). *Understanding rewards to facilitate implementation: Perceptions of rewards and incentives across two government-supported systems in Kenya.* Poster presented at the Society for Implementation Research Collaborative, Seattle WA.
8. Woodard, G. S., Triplett, N., Gray, C., **Meza, R.**, Martin, P., Lucid, L., Whetten, K., Jamora, G., Amany, C., Wasonga, A., & Dorsey, S. (September, 2019). *What makes an enabling context for mental health delivery? Differential workload adjustment to sustain task-sharing delivery across education and health sectors in a low resource setting.* Poster presented at the Society for Implementation Research Collaborative, Seattle WA.
9. **Meza, R.**, Woodard, G., Whetten, K., & Dorsey, S. (April, 2019). *Selecting of strategies to support guardian and child access to TF-CBT in two sectors in Kenya.* Poster presented at the NIDA, NIAAA, NIMH Diversity Supplement Workshop, Bethesda, MD.
10. Dorsey S., Martin P., **Meza R. D.**, Gray C., Amany, C., Wasonga A., & Whetten K. (April, 2019). *A method for scale up: Building and sustaining interventions for children (BASIC) in Western Kenya.* Talk presented at the NIMH Global Mental Health Conference, Bethesda, MD.
11. **Meza, R.**, Martin, P., Pullmann, M., & Dorsey, S. (November, 2018). *Predictors of objectively coded supervision techniques in community mental health.* Poster presented at the Association for Behavioral and Cognitive Therapies conference, Washington, DC.
12. Dorsey, S., Pullmann, M., **Meza, R. D.**, & Martin, P. (December, 2017). *Workplace-based clinical supervision in public mental health is an understudied and underutilized resource for supporting evidence-based treatments (EBTs), despite the fact that it may offer a cost-effective way to support clinician fidelity to EBT.* Talk presented at the 10th Annual Conference on the Science of Dissemination and Implementation in Health, Arlington, VA.
13. **Meza, R.** Martin, P., Berliner, L., Birken, S., & Dorsey, S. (November 2017). *Evaluating the impact of a tailored middle-manager-level facilitation intervention to improve implementation of Evidence-Based Practices in community mental health.* Poster presented at the Association for Behavioral and Cognitive Therapies conference, San Diego, CA.
14. Dorsey, S., Pullmann, M., Kerns, S.E.U., Deblinger, E., Lucid, L., Harrison, R., **Meza, R.**, Thompson, K., & Berliner, L. (November, 2017). *Workplace-based clinical supervision as an implementation strategy: Content, techniques, and client outcomes.* Talk presented at the Academy Health Annual Conference on the Science of Dissemination and Implementation in Health, Arlington, VA.
15. **Meza, R.**, Jungbluth, N., Sedlar, G., Martin, P., Stirman, S., Sedlar, G., & Dorsey, S. (April, 2017). *Clinician modification to a CBT approach.* Talk presented at the Anxiety and Depression Association of America conference, San Francisco, CA.
16. **Meza, R.**, Benjamin, K., Pullmann, M., Benjamin, K., & Dorsey, S. (October, 2016). *The potential of supervision to facilitate implementation and sustainment of EBT: An examination of community mental health supervision practices.* Poster presented at the ABCT 50th Annual Convention, Chicago, IL.

17. Drahota, A., Martinez, J. I., **Meza, R.**, Spurgeon, E., & Aarons, G. A. (November, 2015). *ACT SMART Toolkit: Developing and pilot testing a comprehensive implementation strategy for ASD service providers*. Talk presented at the ABCT 49th Annual Convention, Chicago, IL.
18. Lucid, L., **Meza, R.**, Benjamin, K., Itemba, D, Mfangavo, L., & Dorsey, S. (November, 2015). *Creating a culturally appropriate function assessment for orphaned children in Tanzania*. Poster presented at the ABCT 49th Annual Convention, Chicago, IL.
19. **Meza, R.**, Dorsey, S., Stirman, S., Sedlar, G., & Lucid, L. (September, 2015). *I like this, I'll change that: Clinician intent to modify cbt and treatment fidelity*. Poster presented at the Seattle Implementation Research Collaborative, Seattle, WA.
20. **Meza, R.**, Brikho, B., Spurgeon, E., Martinez, J., & Drahota, A. (2014, November). *Characterizing providers and services in autism community-based organizations*. Poster presented at the Association for Behavioral and Cognitive Therapies Conference, Philadelphia, PA.
21. **Meza, R.**, Spurgeon, E., & Drahota, A. (2013, May). *Determining factors important in influencing ASD community stakeholders participation in an academic-community collaboration*. Poster presented at the Seattle Implementation Research Collaborative, Seattle, WA.
22. **Meza, R.** (2011, January). *Neuroscience imaging techniques*. Invited Speaker, San Diego State University, NIH/NIGMS Minority Biomedical Research Support-Initiative for Maximizing Student Development Research Forum. San Diego, CA.
23. **Meza, R.**, Mills, B., Geraghty, S. (2011, April). *Investigation of white matter development following perinatal stroke*. Poster presented at California Cognitive Science Conference, Berkeley, CA.
24. **Meza, R.**, Phan, L., Felizardo, J. (2010, May). Why so many faces? Children's spontaneous and voluntary facial expressions. Poster presented at the Inter-Science of Learning Center Student and Post-Doc Conference, Boston, MA.
25. Phan, L., Patel, S., **Meza, R.**, Littlewort, G., Bartlett, M., Movellan, S., & Reilly, J. (2010, March). *Behavioral indices of cognitive grappling in problem solving*. Poster presented at the 3rd Annual San Diego State University Student Research Symposium. San Diego, California.
26. **Meza, R.**, Phan, L., Felizardo, J. (2009, November). *The paradox of facial expression in children*. Poster session presented at the Annual Biomedical Research Conference for Minority Students, Phoenix, AZ.
27. Fitzhugh, A., **Meza, R.** (2009, March). *Can preschoolers tell a story?* Poster session presented at the San Diego State University Student Research Symposium, San Diego, CA.

Clinical Experience

Psychiatric and Behavioral Medicine Unit, Resident
Seattle Children's Hospital

Upcoming: March 2021 – June 2021
Supervisor: Alysha Thompson, Ph.D.

Engage in skill development (e.g., CBT, DBT) and safety planning in an inpatient psychiatric unit with children and adolescents with serious mental illness and/or developmental or intellectual difficulties. Conduct cognitive, neuropsychological, and diagnostic evaluations. Coordinate patient care with multidisciplinary team of psychologists, psychiatrists, social workers, and nursing staff.

Consultation and Liaison Service, Resident
Seattle Children's Hospital

Upcoming: January 2021 – March 2021
Supervisor: Eileen Twohy, Ph.D.

Provide clinical consultations to inpatient pediatric units, emergency room, and outpatient clinics and with

community care providers. Primary consultations include safety/risk assessment, eating disorders, medically ill children presenting with needs for behavioral management of pain, somatoform symptoms, psychological distress related to medical conditions, and disruptive or non-adherent behavior.

Neuropsychology Consultation Service, Resident
Seattle Children's Hospital

June 2020 – December 2020
Supervisor: David Breiger, Ph.D.

Provide neuropsychological evaluations for patients being treated by Neuro-oncology, Hematology, Genetics, Cardiology, Rheumatology, Neurodevelopmental and Neurology. Conduct structured interviews to gather developmental and diagnostic information and consult with schools, families, referral sources, and treatment teams to guide treatment.

Child and Adolescent Outpatient Psychiatry Clinic, Resident
Seattle Children's Hospital

June 2020 – December 2020
Supervisor: Erin Gonzalez, Ph.D.

Conduct comprehensive diagnostic evaluations and evidence-based treatment for children, adolescents and their family. Primary presenting problems include anxiety, depression, ADHD, anorexia nervosa, ARFID, PTSD, and BPD. Treatments delivered include PMT, PCIT, DBT skills group, FBT, CBT-AR, and CBT.

Child Anxiety Practicum, Practicum Therapist
Evidence-Based Treatment Center of Seattle

May 2019 – May 2020
Supervisor: Danny O'Rourke, Ph.D.

Conduct individual and co-therapy for adolescent and adult clients with OCD, anxiety and mood disorders, selective mutism and eating disorders. Attend weekly rounds, supervision meetings and didactics.

Intensive Outpatient OCD Clinic, Practicum Therapist
Seattle Children's Hospital

June 2018 – May 2019
Supervisors: Geoffrey Wiegand, Ph.D.

Provided exposure and response prevention with adolescents and teenagers diagnosed with OCD in the extremely severe range. Conducted both group and individual-based therapy with clients and their parents. Attended weekly clinical rounds and supervision meetings.

Autism Center, Practicum Behavior Interventionist
Seattle Children's Hospital

April 2018 – September 2018
Supervisor: Mendy Minjarez, Ph.D.

Provide early intervention Applied Behavioral Analysis services to preschool-age children with an Autism Spectrum Disorder. Participate in weekly group supervision.

Parent and Child Clinic, Practicum Therapist
University of Washington

June 2017 – Present
Supervisor: Neil Kirkpatrick, Ph.D.

Engaged in live observation of behavioral parent training (BPT) with parents of children and adolescents, engaged in didactics, and participated in group and individual supervision. Provided BPT with parents of teens.

The LEARN Clinic, Practicum Assessor
University of Washington

September 2016 – September 2017
Supervisor: Julie Quamma, PhD

Conducted comprehensive neuropsychological evaluations and brief ADHD evaluations with children and adults. Administered cognitive, reading and language, academic achievement, neuropsychological tests, and measures to assess executive functioning and mental health. Conducted interviews with teachers and intake

interviews with parents, children, adolescents, and adults. Scored and interpreted measures, wrote integrated reports, provided accommodation and treatment recommendations.

The Seattle Clinic, Parent & Behavioral Coach

*February 2016 – April 2019
Supervisor: Andrew Fleming, Ph.D*

Co-led the PEERS intervention for adolescents with ASD and social skill difficulties and provided individual social skills treatment. Parent coach for a 6-week group-based behavioral parent training. Conducted roleplays with parents and provided feedback on parenting techniques. Engaged in weekly group supervision.

Psychological Services and Training Center, Therapist
University of Washington

*September 2015 – present
Primary Supervisor: Corey Fagan, Ph.D*

Conducted assessments and provided individual therapy to adults and children including, CBT and Exposure; receive hour-for-hour supervision from a licensed Clinical Psychologist in the community.

Teaching Experience

2019	Psychology 523/525: Graduate-level Linear Models University of Washington, Department of Psychology
2016	Psychology 303: Personality Psychology University of Washington, Department of Psychology
2015	Psychology 202: Biological Psychology University of Washington, Department of Psychology
2014-2015	Psychology 101: Introduction to Psychology University of Washington, Department of Psychology

Mentorship and Supervision

Alya Nabila Khairuzzaman, University of Washington (2019 – Present)

Achievements: Coauthored two manuscripts; undergraduate research symposium presentation

Cristian Rivera Nales, University of Washington (2018 – Present)

Achievements: Coauthored one manuscript

Gabrielle Jamora Tejada, University of Washington (2018 – Present)

Achievements: Coauthored one manuscript

Zhanxiang Sun (2018 – 2019)

Kelsey Walker (Honors Thesis 2016 – 2017)

Achievements: Presented Honors Thesis at undergraduate research symposium

Lucy Dong (Honors Thesis 2014 – 2015)

Achievements: Presented Honors Thesis at undergraduate research symposium

Specialized Analytic Skills

Hierarchical Cluster Analysis

Multilevel Modeling

Ordinary Linear and Generalized Regression

Structural Equation Modeling
Survival Analysis

Professional Service & Affiliations

Editorial Services: Ad Hoc Reviewer

Administrative and Policy in Mental Health

Autism

Journal of Clinical Child and Adolescent Psychology

Department & Community Service

Graduate Program Action Committee, Child Clinical Representative (2016 – 2019)

Professional Affiliations

Academy Health

American Psychological Association

Association for Behavioral and Cognitive Therapies

Society for Implementation Research Collaboration (SIRC)