

## Lynn Larson DeBar, PhD, MPH

### Contact Information:

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### Professional Experience:

*Senior Investigator*, Kaiser Permanente Washington Health Research Institute, Seattle, Washington (2017-present)

*Senior Investigator / Assistant Program Director*, Center for Health Research, Kaiser Permanente Northwest, Portland, Oregon (2012-2017)

*Investigator*, Center for Health Research, Kaiser Permanente Northwest, Portland, OR. (2002–2012)

*Senior Research Associate*. (1999–2002)

*NRSA Post-Doctoral Fellow*, Oregon Health & Science University, and Center for Health Research, Kaiser Permanente Northwest, Portland, OR. (1997–1999)

*Affiliate Assistant Professor*, Department of Public Health and Preventive Medicine, Oregon Health and Sciences University (2003-2017)

*Adjunct Assistant Professor*, Department of Psychology, Washington State University at Vancouver (1993–2001)

*Clinical Instructor*, Departments of Medical Psychology, Behavioral Neurosciences and Psychiatry, Oregon Health & Science University (1994–1997)

*Staff Psychologist*, Portland Veterans Affairs Medical Center (VAMC) (1994–1997)

*Post-Doctoral Fellow*, Behavioral Medicine Clinic, Portland VAMC (1994)

*Pre-Doctoral Intern*, Portland VAMC (1992–1993)

### Education, Training, Licensure:

1995–present Oregon Psychologist License #1206  
2000 MPH, Biostatistics/Epidemiology, Oregon Health & Science University, Portland, OR  
1994 PhD, Clinical/Health Psychology, Yale University, New Haven, CT  
1986 BA, Physiology/Psychology (Double Major), Summa cum laude, University of California, San Diego, CA

### Honors and Awards:

New Investigator Awardee, NCDEU Annual Conference, Boca Raton, Florida, 2000  
Henry A. Murray Dissertation Award, Radcliffe College, 1992  
Yale University Dissertation Fellowship, 1992

Yale University Graduate Fellowship, 1988–1991  
University of California Regents Academic Scholarship, 1981

**Professional Service:**

External Grant Reviews

- 2006-2011 Reviewer, NIH Psychological Risk and Disease Prevention (PRDP), Risk Prevention and Health Behavior IRG
- 2011 Reviewer, NIH Adult Psychopathology and Disorders of Aging Study Section, Special Emphasis Panel (ZG1 BBBB-V): Biobehavioral and Behavioral Processes, Division of Aids, Behavioral and Population Sciences
- 2013 Reviewer, NIH Fellowships (ZRG1 F16-L (20))
- 2013 Reviewer, NIH Special Emphasis Panel (ZRG1 RPHB-S) Basic Social and Behavioral Research on the Social, Cultural, Biological, and Psychological Mechanisms of Stigma
- 2014 Reviewer, NIH National Center for Complementary and Integrative Health, PK29 Center Grants and ZAT1-PK31
- 2014 Reviewer, PCORI, Large Pragmatic Trials Review
- 2016 Reviewer, NIH National Center for Complementary and Integrative Health, Mind Body Projects (ZAT1 HS-25)

Other Professional Service

- 2017-current Advisory Board, National Center for Complementary and Integrative Health
- 2000-current Ad Hoc Journal Reviewer: Pain, Pain Medicine, Translational Behavioral Medicine, Pediatrics, International Journal of Behavioral Nutrition & Physical Activity, Behavior Research and Therapy, Contemporary Clinical Trials
- 2015-2016 Member of PCORI Expert Roundtable on Chronic Pain and Opioids

**Publications:**

Refereed articles

1. Smith DH, Kuntz J, DeBar L, Mesa J, Yang X, Boardman D, Schneider J. A qualitative study to develop materials educating patients about opioid use before and after total hip or total knee arthroplasty. Accepted for publication at Journal of Opioid Management.
2. Owen-Smith A, Mayhew M, Leo MC, Varga A, Benes L, Bonifay A, **DeBar L**. Automating collection of pain-related patient reported outcomes to enhance clinical care and research. Accepted for publication in Journal of General Internal Medicine.
3. Becker WC, **DeBar LL**, Heapy AA, Higgins D, Krein SL, Lisi A, Makris UE, Allen KD. A research agenda for advancing non-pharmacological management of chronic musculoskeletal pain: Findings from a VHA state of the art conference. Accepted for publication in Journal of General Internal Medicine.

**Publications continued:**

4. Kligler B, Bair MJ, Banerjea R, **DeBar L**, Ezeji-Okoye S, Lisi A, Murphy JL, Sandbrink F, Cherkin DC. Clinical policy recommendations from the VHA state of the art conference on non-pharmacological approaches to chronic musculoskeletal pain. Accepted for publication in *Journal of General Internal Medicine*.
5. Dickerson JF, Lynch FL, Leo MC, DeBar LL, Pearson J, Clarke GN. Cost-Effectiveness of Cognitive Behavioral Therapy for Depressed Youth Declining Antidepressants. Manuscript accepted at *Pediatrics*.
6. Simon GE, Coronado G, **DeBar LL**, Dember LM, Green BB, Huang SS, Jarvik JG, Mor V, Ramsberg J, Septimus EJ, Staman KL, Vazquez MA, Vollmer WM, Zatzick D, Hernandez AF, Platt R. Data sharing and embedded research. *Ann Intern Med*. 2017 Oct 3. [Epub ahead of print] PMID: 28973353.
7. Hildebrandt T, Michaelides A, Mackinnon D, Greif R, **DeBar L**, Sysko R. Randomized controlled trial comparing smartphone assisted versus traditional guided self-help for adults with binge eating. *Int J Eat Disord*. 2017 50(11): 1313-1322 PMID: 28960384.
8. Weinfurt KP, Hernandez AF, Coronado GD, **DeBar LL**, Dember LM, Green BB, Heagerty PJ, Huang SS, James KT, Jarvik JG, Larson EB, Mor V, Platt R, Rosenthal GE, Septimus EJ, Simon GE, Staman KL, Sugarman J, Vazquez M, Zatzick D, Curtis LH. Pragmatic clinical trials embedded in healthcare systems: generalizable lessons from the NIH Collaboratory. *BMC Med Res Methodol*. 2017 Sep 18;17(1):144. PMID: 28923013.
9. Elder CR, **DeBar LL**, Ritenbaugh C, Rumpitz MH, Patterson C, Bonifay A, Cowan P, Lancaster L, Deyo RA. Health care systems support to enhance patient-centered care: Lessons from a primary care-based chronic pain management initiative. *Perm J*. 2017; 21. PMID: 28406791.
10. Penney LS, Ritenbaugh C, **DeBar LL**, Elder C, Deyo RA. Provider and patient perspectives on opioids and alternative treatments for managing chronic pain: a qualitative study. *BMC Fam Pract* 2017 17(1): 165. PMID: 28403822.
11. Johnson ES, Dickerson JF, Vollmer WM, Rowley AM, Ritenbaugh C, Deyo RA, **DeBar L**. The feasibility of matching on a propensity score for acupuncture in a prospective cohort study of patients with chronic pain. *BMC Med Res Methodol*. 2017 17(1):42. PMID: 28302054.
12. Clarke G, **DeBar L**, Pearson J, Dickerson J, Lynch F, Gullion C, Leo M. Brief primary care cognitive behavioral therapy for depressed adolescents who decline pharmacotherapy: A randomized clinical trial. *Pediatrics*. 2016 137(5). PMID: 27244782
13. Penney LS, Ritenbaugh C, Elder C, Schneider J, Deyo RA, **DeBar LL**. Primary care physicians, acupuncture and chiropractic clinicians, and chronic pain patients: a qualitative analysis of communication and care coordination patterns. *BMC Complement Altern Med* 2016 Jan 25. [Epub 2016 Jan 25] PMID: PMC4727288

**Publications continued:**

14. Larson EB, Tachibana C, Thompson E, Coronado GD, **DeBar LL**, Dember LM, Honda S, Huang SS, Jarvik JG, Nelson C, Septimus E, Simon G, Johnson KE. Trials without tribulations: Minimizing the burden of pragmatic research on healthcare systems. *Healthcare* 2015 July. [Epub 2015 July] PMID: 28923013
15. Elder C, **DeBar LL**, Ritenbaugh C, Vollmer WM, Deyo R, Dickerson J, Kindler LL. Acupuncture and chiropractic care: utilization and electronic medical record capture. *Am J Manag Care* 2015 Jul 1;21(7):e414-21. PMID: 26295269
16. Raebel MA, Newcomer SR, Bayliss EA, Boudreau D, **Debar LL**, Elliott TE, Ahmed AT, Pawloski PA, Fisher D, Toh S, Donahoo WT. Chronic opioid use emerging after bariatric surgery. *Pharmacoepidemiol Drug Saf* 2014 Dec;23(12):1247-57. [Epub 2014 Apr 14] PMID: 24733580
17. Bussing R, Narwaney KJ, Winterstein A, Newton DA, **DeBar LL**, Boscarino JA, Toh S, Pawloski P, Nordin JD, Herrinton LJ, Mason D, Daley MF. Pharmacotherapy for incident attention-deficit/hyperactivity disorder: Practice patterns and quality metrics. *Curr Med Res Opin* 2014 Aug;30(8):1687-99. [Epub 2014 Apr 7] PMID: 24635013
18. Jago R, Drews KL, Otvos JD, Foster GD, Marcus MD, Buse JB, Mietus-Snyder M, Willi SM; **HEALTHY Study Group**. Effect of relative weight group change on nuclear magnetic resonance spectroscopy derived lipoprotein particle size and concentrations among adolescents. *J Pediatr* 2014 May;164(5):1091-1098.e3. [Epub 2014 Feb 5] PMID: PMC3992168
19. Daley MF, Newton DA, **DeBar LL**, Newcomer SR, Pieper L, Boscarino JA, Toh S, Pawloski P, Nordin JD, Nakasato C, Herrinton LJ, Bussing R. Accuracy of electronic health record- derived data for the identification of incident Attention-Deficit/Hyperactivity Disorder (ADHD). *J Atten Disord* 2014 Feb 7. [Epub 2014 Feb 7]
20. Beardslee WR, Brent DA, Weersing VR, Clarke GN, Porta G, Hollon SD, Gladston TR, Gallop R, Lynch FL, Iyengar S, **DeBar LL**, Garber J. Prevention of depression in at-risk adolescents: Longer-term effects. *JAMA Psychiatry* 2013 Nov;70(11):1161-70. [Epub 2013 Sep 4] PMID: PMC3978119
21. Raebel MA, Newcomer SR, Reifler LM, Boudreau D, Elliott TE, **DeBar LL**, Ahmed A, Pawloski PA, Fisher D, Donahoo WT, Bayliss EA. Chronic use of opioid medications before and after bariatric surgery. *JAMA* 2013 Oct 2;310(13):1369-1376.
22. Lindberg NM, Stevens VJ, Elder C, Funk K, **DeBar LL**. Use of alternative medicine for weight loss among Mexican-American women. *Journal of Immigrant and Minority Health* 2013 Oct;15(5):982-985. [Epub 2012 Jul 7] PMID: PMC3604092
23. Raebel M, Newcomer S, Boudreau D, Elliott T, **DeBar LL**, Ahmed A, Bayliss E. PS3-54: Effect of bariatric surgery on chronic use of opioid medications. *Clin Med Res* 2013 Sep;11(3):175. PMID: PMC3788554

**Publications continued:**

24. Mietus-Snyder M, Drews KL, Otvos JD, Willi SM, Foster GD, Jago R, Buse JB; **HEALTHY Study Group**. Low-density lipoprotein cholesterol versus particle number in middle school children. *J Pediatr* 2013 Aug ;163(2):355-62 [Epub 2013 Feb 14] PMID: PMC3659184
25. Schneider M, **DeBar LL**, Calingo A, Hall W, Hindes K, Sleigh A, Thompson D, Volpe SL, Zeveloff A, Pham T, Steckler A. The effect of a communications campaign on middle school students' nutrition and physical activity: Results of the HEALTHY study. *J Health Commun* 2013 Jun;18(6):649-67. [Epub 2013 Feb 14] PMID: PMC3669645
26. **DeBar LL**, Wilson GT, Yarborough BJ, Burns B, Oyler B, Hildebrandt T, Clarke GN, Dickerson J, Striegel RH. Cognitive behavioral treatment for recurrent binge eating in adolescent girls: A pilot trial. *Cogn Behav Pract* 2013 May 1;20(2):147-161. PMID: PMC3640565
27. Yarborough BJ, **DeBar LL**, Firemark A, Leung S, Clarke G, Wilson GT. Tailoring cognitive behavioral treatment for binge eating in adolescent girls. *Cogn Behav Pract* 2013 May;20(2):162-170. NIHMS401260
28. Elder C, **DeBar L**, Funk K, Vollmer W, Lindberg N, Ritenbaugh C, Meltesen G, Gallison C, Stevens V. Adherence to and satisfaction with the self-acupressure intervention in the LIFE Weight Loss Maintenance Study. *Medical Acupuncture* February 2013; 25(1):43-47. NIHMS416068
29. Mietus-Snyder M, Drews KL, Otvos JD, Willi SM, Foster GD, Jago R, Buse JB; **HEALTHY Study Group**. Low-density lipoprotein cholesterol versus particle number in middle school children. *J Pediatr* 2013 Aug;163(2):355-62 [Epub 2013 Feb 14] PMID: PMC3659184
30. **DeBar LL**, Wilson GT, Yarborough BJ, Burns B, Oyler B, Hilderbrandt T, Clarke GN, Dickerson J, Striegel RH. Cognitive behavioral treatment for recurrent binge eating in adolescent girls: A pilot trial. *Cogn Behav Pract* 2013 May 1;20(2):147-161. PMID: PMC3640565
31. Schneider M, **DeBar L**, Calingo A, Hall W, Hindes K, Sleigh A, Thompson D, Volpe SL, Zeveloff A, Pham T, Steckler A. The effect of a communications campaign on middle school students' nutrition and physical activity: results of the HEALTHY study. *J Health Commun* 2013;18(6):649-67. [Epub 2013 Feb 14]. PMID: PMC3669645
32. **DeBar LL**, Kindler L, Keefe FJ, Green CA, Smith DH, Deyo RA, Ames K, Feldstein A. A primary care-based interdisciplinary team approach to the treatment of chronic pain utilizing a pragmatic clinical trials framework. *Transl Behav Med* 2012 Dec 1;2(4):523-30 [Epub 2012 Aug 20]. PMID: PMC3578318
33. Yarborough BJ, **DeBar LL**, Wu P, Pearson J, Stevens VJ. Responding to pediatric providers' perceived barriers to adolescent weight management. *Clin Pediatr* 2012 Nov;51(11):1063-70 [Epub 2012 Sept 10]. PMID: PMC3628808

**Publications continued:**

34. Elder CR, Gullion CM, **DeBar LL**, Funk KL, Lindberg NM, Ritenbaugh C, Meltesen G, Gallison C Stevens VJ. Randomized trial of Tapas Acupressure Technique for weight loss maintenance. *BMC Complement Altern Med* 2012 Mar 15; 12(1):19. PMID: PMC3375195
35. **DeBar LL**, Stevens VJ, Yarborough BJ, Perrin N, Dickerson J, Pearson J, Wu P, Lynch F. A primary care-based multi-component lifestyle intervention for overweight adolescent females. *Pediatrics* 2012 Mar; 129(3):e611-20. [Epub 2012 Feb 13] PMID: PMC3289521
36. Funk K, Elder C, Lindberg N, Gullion C, **DeBar L**, Meltesen G, Stevens V. Comparison of characteristics and outcomes by initial study contact (website versus staff) for participants enrolled in a weight-management study. *ClinTrials* 2012 Apr; 9(2):226-31. [Epub 2012 Jan 24] PMID: PMC3489157
37. Clarke G, Dickerson J, Gullion CM, **DeBar LL**. Trends in youth antidepressant dispensing and refill limits, 2000 through 2009. *J Child Adolesc Psychopharmacol* 2012 Feb; 22(1):11-20. [Epub 2012 Jan 17] PMID: 22251026
38. Mobley CC, Stadler DD, Staten MA, El Ghormli L, Gillis B, Hartstein J, Siega-Riz AM, Virus A, **HEALTHY Study Group**. Effect of nutrition changes on foods selected by students in a middle school-based diabetes prevention intervention program: the HEALTHY experience. *J Sch Health* 2012 Feb;82(2):82-90.
39. Elder CR, Gullion CM, Funk KL, **DeBar LL**, Lindberg NM, Stevens VJ. Impact of sleep, screen time, depression, and stress on weight change in the intensive weight loss phase of the LIFE study. *Int J Obes (Lond)* 2012 Jan;36(1):86-92. [Epub 2011 Mar 29] PMID: PMC3136584
40. **DeBar L**, Elder C, Ritenbaugh C, Aickin A, Deyo R, Meenan RT, Dickerson J, Webster JA, Yarborough BJ. Acupuncture and chiropractic care for chronic pain in an integrated health plan: A mixed methods study. *BMC Complement Altern Med* 2011 Nov 25;11:118. PMID: PMC3256110
41. **DeBar LL**, Schneider M, Drews KL, Ford EG, Stadler DD, Moe EL, White M, Hernandez AE, Solomon S, Jessup A, Venditti EM. Student public commitment in a school-based diabetes prevention. *BMC Public Health* 2011 Sep 20;11(1):711. PMID: PMC3189889
42. Dickerson JF, **DeBar L**, Perrin NA, Lynch F, Wilson GT, Rosselli F, Kraemer HC, Striegel-Moore RH. Health-service use in women with binge eating disorders. *Int J Eat Disord* 2011 Sep;44(6):524-30. [Epub 2010 Oct 26] PMID: NIHMS475996
43. Harvey K, Rosselli F, Wilson GT, **DeBar LL**, Striegel-Moore RH. Eating patterns in patients with spectrum binge-eating disorder. *Int J Eat Disord* 2011 Jul;44(5):447-51. [Epub 2010 May 7] PMID: PMC3113648
44. **DeBar L**, Striegel-Moore Rm, Wilson GT, Perrin N, Yarborough BJ, Dickerson J, Lynch FL, Rosselli F, Kraemer HC. Guided self-help treatment for recurrent binge eating: Replication and extension. *Psychiatr Serv* 2011 Apr;62(4):367-73. PMID: NIHMS549242

**Publications continued:**

45. Vitiello B, Emslie G, Clarke G, Wagner KD, Asarnow JR, Keller M, Birmaher B, Ryan N, Kennard B, Mayes T, **DeBar LL**, Lynch F, Dickerson J, Strober M, Suddath R, McCracken J, Spirito A, Onorato M, Zelazny J, Porta G, Iyengar S, Brent D. Long-term outcome of adolescent depression initially resistant to selective serotonin reuptake inhibitor treatment: a follow-up study of the TORDIA sample. *J Clin Psychiatry* 2011 Mar;72(3):388-96. PMID: PMC3070064
46. Lynch FL, Dickerson JF, Clarke G, Vitiello B, Porta G, Wagner KD, Emslie G, Asarnow JR, Keller M, Birmaher B, Ryan ND, Kenard B, Mayes T, **DeBar L**, McCracken JT, Strober M, Suddath R, Spirito A, Onorato M, Zelazny J, Iyengar S, Brent D. Incremental cost-effectiveness of combined therapy versus medication only for youth with SSRI resistant depression: Findings from the TORDIA trial. *Arch Gen Psychiatry* 2011 Mar;68(3):253-62. PMID: PMC3679348
47. Siega-Riz AM, El Ghormli L, Mobley CC, Gillis B, Stadler D, Hartstein J, Volpe SL, Virus A, Bridgman J; **HEALTHY Study Group**. The effects of the HEALTHY study intervention on middle school student dietary intakes. *Int J Behav Nutr Phys Act* 2011 Feb 4;8:7.
48. Marcus MD, Baranowski T, **DeBar LL**, Edelstein S, Kaufman FR, Schneider M, Siega-Riz AM, Staten MA, Virus A; HEALTHY Study Group. Severe obesity and selected risk factors in a sixth grade multi-racial cohort: The HEALTHY study. *J Adolesc Health* 2010 Dec; 47(6):604-7. [Epub 2010 Jun 29] PMID: PMC2993008
49. Striegel-Moore RH, Rosselli F, Wilson GT, Perrin N, Harvey K, **DeBar L**. Nocturnal eating: Association with binge eating, obesity, and psychological distress. *Int J Eat Disord*. 2010 Sep;43(6):520-6 [Epub 2009 Aug 25] PMID: PMC2891279
50. Foster GD, Linder B, Baranowski T, Cooper D, Goldberg L, Harrell JS, Kaufman F, Marcus MD, Trevino RP; **HEALTHY Study Group**. A school-based intervention for diabetes risk reduction. *N Engl J Med*. 2010 Jul 29;363(5):443-53. [Epub 2010 Jun 27] PMID: PMC2924187
51. Striegel-Moore R, Wilson GT, **DeBar L**, Perrin N, Lynch FL, Rosselli F, Kraemer HC. Cognitive behavioral guided self-help for the treatment of recurrent binge eating. *J Consult Clin Psychol* 2010 Jun; 78(3):312-21. PMID: PMC2880824
52. Elder C, Gallison C, Lindberg N, **DeBar L**, Funk K, Ritenbaugh C, Stevens V. Randomized trial of Tapas acupressure for weight loss maintenance: Rationale and study design. *J Altern Complement Med* 2010 Jun; 16(6):683-90. PMID: PMC2922972
53. Emslie GJ, Mayes T, Porta G, Vitiello B, Clarke G, Wagner KD, Asarnow JR, Spirito A, Birmaher B, Ryan N, Kennard B, **DeBar L**, McCracken J, Strober M, Zelazny J, Keller M, Iyengar S, Brent D. Treatment of resistant depression in adolescents in (TORDIA): week 24 outcomes. *Am J Psychiatry* 2010 Jul; 167(7):782-91 [Epub 2010 May 17] PMID: PMC3257891
54. Lynch FL, Striegel-Moore R, Dickerson J, Perrin N, **DeBar L**, Wilson GT, Kraemer HC. Cost-effectiveness of guided self-help treatment for recurrent binge eating. *J Consult Clin Psychol* 2010 Jun; 78(3):322-33. PMID: PMC2880825

**Publications continued:**

55. Striegel-Moore RH, Perrin N, **DeBar L**, Wilson GT, Rosselli F, Kraemer HC. Screening for binge eating disorders using the Patient Health Questionnaire in a community sample. *Int J Eat Disord*. 2010 May;43(4):337-43 [Epub 2009 May 7] PMID: PMC2851838
56. Brent D, Melhem N, Ferrell R, Emslie G, Wagner KD, Ryan N, Vitiello B, Birmaher B, Mayes T, Zelzny J, Onorato M, Devlin B, Clarke G, **DeBar L**, Keller M. Association of FKBP5 Polymorphisms with suicidal events in the Treatment of Resistant Depression in Adolescents (TORDIA) Study. *Am J Psychiatry* 2010 Feb; 167(2):190-7. [Epub 2009 Dec 15] PMID: PMC2887294
57. Brent DA, Emslie GJ, Clarke GN, Asarnow J, Spirito A, Ritz L, Vitiello B, Iyengar S, Birmaher B, Ryan ND, Zelazny J, Onorato M, Kennard B, Mayes TL, **DeBar LL**, McCracken JT, Strober M, Suddath R, Leonard H, Porta G, Keller MB. Predictors of spontaneous and systematically assessed suicidal adverse events in the treatment of SSRI-resistant depression in adolescents (TORDIA) study. *The American Journal Psychiatry* 2009 Apr;166(4):418-26. [Epub 2009 Feb 17] PMID: PMC19665098
58. Hirst K, Baranowski T, **DeBar L**, Foster G, Kennel P, Kaufman F, Linder B, Schneider M, Venditti E, Yin Z, STOPP-T2D Prevention Study Group. HEALTHY Study design, methods, and rationale: Moderating risk of Type 2 diabetes in multi-ethnic middle school students. *Int J Obes (Lond)*. 2009 Aug; 33 Supp 4:S4-20. PMID: PMC2782907
59. Wilson GT, Perrin NA, Rosselli F, Striegel-Moore RH, **DeBar LL**, Kraemer HC. Beliefs about eating and eating disorders. *Eat Disord* 2009; 10(3):157-60. PubMed PMID: 19665098; NIHMS3318
60. **DeBar L**, Schneider M, Ford E, Hernandez AE, Showell B, Drews K, Moe EL, Gillis B, Jessup N, Stadler D, White M, HEALTHY Study Group. Social marketing-based communications to integrate and support the HEALTHY study intervention. *Int J Obes* 2009; 33(S4):S52-S59. PMID: PMC2747750
61. Garber J, Clarke G, Weersing VR, Beardslee WR, Brent D, Gladstone T, **DeBar L**, Lynch F, D'Angelo E, Hollon SD, Shamseddeen W, Iyengar S. Prevention of depression in at-risk adolescents: A randomized controlled trial. *JAMA* 2009; 301(21):2215-24. PMID: PMC2737625
62. **DeBar L**, Yarborough BJ, Striegel-Moore RH, Rosselli F, Perrin N, Wilson GT, Kramer H, Green R, Lynch FL. Recruitment for a guided self-help binge eating trial: Potential lessons for implementing programs in everyday practice settings. *Contemp Clin Trials* 2009; 30(4):326-33. PMID: PMC2765399
63. Clarke GN, Kelleher CC, Hornbrook M, **DeBar L**, Dickerson J, Gullion C. Randomized effectiveness trial of an internet, pure self-help, cognitive behavioral intervention for depression in young adults. *Cogn Behav Ther* 2009;1-13. PMID: PMC2829099
64. Asarnow J, Emslie G, Clarke G, Wagner K, Spirito A, Vitiello B, Iyengar S, Shamseddeen W, Ritz L, Birmaher B, Ryan N, Kennard B, Mayes T, **DeBar L**, McCracken J, Strober M, Suddath R, Leonard H, Porta G, Keller M, Brent D. Treatment of SSRI-Resistant depression in adolescents: Predictors and moderators of treatment response. *J Am Acad Child Adolesc Psychiatry* 2009;48(3):330-9. PMID: PMC2754157

**Publications continued:**

65. **DeBar L**, Dickerson J, Clarke G, Stevens VJ, Ritenbaugh C, Aickin M. Using a website to build community and enhance outcomes in a group, multi-component intervention promoting healthy diet and exercise in adolescents. *J Pediatr Psychol* 2009;34(5):539-50. PMID: PMC27722139
66. Striegel-Moore RH, Rosselli F, Perrin N, **DeBar L**, Wilson GT, May A, Kraemer HC. Gender difference in the prevalence of eating disorder symptoms. *Int J Eat Disord* 2009;42(5):471-4. PMID: PMC2722139
67. Ritenbaugh C, Hammerschlag R, Calabrese C, Mist S, Aickin M, Sutherland E, Leben J, **DeBar LL**, Elder C, Dworkin SF. Pilot of a whole systems clinical trial of traditional Chinese medicine and naturopathic medicine for the treatment of temporomandibular disorders. *J Altern Complement Med* 2008;14(5):475-87. PMID: PMC2756304
68. Brent D, Emslie G, Clarke G, Wagner K, Asarnow J, Keller M, Vitiello B, Ritz L, Iyengar S, Abebe K, Birmaher B, Ryan N, Kennard B, Hughes C, **DeBar L**, et al. Switching to another SSRI or to Venlafaxine with or without Cognitive Behavioral Therapy for adolescents with SSRI-Resistant Depression: The TORDIA Randomized Controlled Trial. *JAMA* 2008;299(8):901-13. PMID: PMC2277341
69. Striegel-Moore RH, **DeBar L**, Wilson GT, Dickerson J, Rosselli F, Perrin N, Lynch F, Kraemer HC. Health services use in eating disorders. *Psychol Med* 2007;2:1-10. PMID: PMC2965447
70. **DeBar L**, Ritenbaugh C, Aickin M, Orwoll E, Elliot D, Dickerson J, Vuckovic N, Stevens V, Moe E, Irving LM. YOUTH: A health-plan based lifestyle intervention increases bone mineral density in adolescent girls. *Arch Pediatr Adolesc Med* 2006;160(12):1269-76. PubMed PMID: 17146025.
71. Clarke G, Lynch F, Spofford M, **DeBar L**. Trends influencing future delivery of mental health services in large healthcare systems. *Clin Psychol (New York)* 2006;13(3):287-92.
72. Clarke GN, **DeBar LL**, Lynch F, Powell J, Gale J, O'Connor E, Ludman E, Bush T, Lin EHB, Von Korff M, Hertert S. A randomized effectiveness trial of brief cognitive-behavioral therapy for depressed adolescents receiving anti-depressant medication. *J Am Acad Child Adolesc Psychiatry* 2005;44(9):888-98.
73. Clarke G, Eubanks D, Reid E, Kelleher C, O'Connor E, **DeBar LL**, Lynch F, Nunley S, Gullion C. Overcoming Depression on the Internet (ODIN) (2): A randomized trial of a self-help depression skills program with reminders. *J Med Internet Res* 2005 Jun 21;7(2):e16. PMID: PMC1550641
74. **DeBar LL**, Ritenbaugh C, Vuckovic N, Stevens VJ, Aickin M, Ernst D, Elliot D, Moe E, Orwoll E, Irving LM. YOUTH: Decisions and challenges in designing an osteoporosis prevention intervention for teen girls. *Prev Med* 2004;39(5):1047-55. PubMed PMID: 15475040
75. **DeBar LL**, Lynch FL, Boles M. Healthcare use by children with attention deficit/hyperactivity disorder with and without psychiatric comorbidities. *J Behav Health Serv Res* 2004;31(3):312-23.

**Publications continued:**

76. Clarke GN, **DeBar LL**, Lewinsohn PM. Cognitive behavioral group treatment for adolescent depression. In: Kazdin AE, Weisz JR, eds. *Evidence-based Psychotherapies for Children and Adolescents*. New York: Guilford Press, 2003, pp. 120-134.
77. Clarke G, **DeBar L**, Lynch F, Wisdom J. Issues in the prevention of depression in women: A commentary on Le, Muñoz, Ippen, and Stoddard. "Treatment is not enough: We must prevent major depression in women." *Prev Treat* 2003;6(12) [Epub 2003 Sept 15].
78. **DeBar LL**, Vuckovic N, Schneider J, Ritenbaugh C. Use of complementary and alternative medicine for temporomandibular disorders. *J Orofacial Pain* 2003;17(3):224-36. PubMed PMID: 14520768
79. Schneider J, Vuckovic N, **DeBar L**. Willingness to participate in complementary and alternative medicine clinical trials among patients with craniofacial disorders. *J Complement Altern Med* 2003;9(3):389-402. PubMed PMID: 12816627
80. **DeBar LL**, Lynch F, Powell J, Gale J. Use of psychotropic agents in preschool children: Associated diagnoses and health care services in a health maintenance organization. *Arch Pediatr Adol Med* 2003;157(2):150-7.
81. Clarke GN, Hornbrook MC, Lynch FL, Polen MR, Gale J, O'Connor E, Seeley JR, **DeBar LL**. Group cognitive behavioral treatment for depressed adolescent offspring of depressed parents in a HMO. *J Am Acad Child Adolesc Psy* 2002;41(3):305-13. PubMed PMID: 11886025
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83. Boles M, Lynch FL, **DeBar LL**. Variations in pharmacotherapy for ADHD in managed care. *J Child Adol Psychol* 2001;11(1):43-52.
84. **DeBar LL**, Clarke GN, O'Connor E, Nichols GA. Treated prevalence, incidence, and pharmacotherapy of child and adolescent mood disorders in an HMO. *Ment Health Serv Res* 2001;3(2):73-89. PubMed PMID: 12109840
85. **DeBar LL**, Clarke GN, O'Connor E, Nichols GA. Pharmacoepidemiology of child and adolescent mood disorders in an HMO. *J Child Adol Psychopharmacol* 2000;10(4):236.
86. Ford J, Fisher P, **Larson L**. Object relations as a predictor of treatment outcome with chronic post traumatic stress disorder. *J Consult Clin Psychol* 1997;65(4):547-59.
87. Moyer AE, Rodin J, Grilo CM, Cummings NJ, **Larson L**, Rebuffe-Scrive M. Stress-induced cortisol response and fat distribution in women. *Obes Res* 1994;2(3):255-62.

**Publications continued:**

88. Sieber WJ, Rodin J, **Larson L**, Ortega S, Cummings N, Levy S, Whiteside T, Herberman R. Modulation of human natural killer cell activity by exposure to uncontrollable stress. *Brain Behav Immun* 1992;6(2):1-15.

Book Chapters

1. Clarke GN, **DeBar LL**. Group cognitive behavioral group treatment for adolescent depression. In: Kazdin AE, Weisz JR, eds. *Evidence-Based Psychotherapies for Children and Adolescents* (2nd Ed). New York: Guilford Press, 2009.
2. Rodin J, **Larson L**. Social factors and the ideal body shape. In: Brownell KP, Rodin J, Wilmore JH, eds. *Eating, Body Weight, and Performance in Athletes: Disorders of Modern Society*. Philadelphia: Lea Febiger, 1991.
3. Clarke G, **DeBar LL**, Yarborough BJ. Primary prevention of secondary depression: Indirect prevention of depression in girls by treating or preventing primary obesity or insomnia. (pp.235-274) In T. Strauman, J Garber (Eds), *Preventing Depression in Adolescent Girls*. Guilford Press. (2011)

**Research Support**

Awarded / Ongoing Research Support

Patient Centered Outcomes Research Institute UOP-1609-36568 <i>A Naturalistic Experiment Evaluating the Impact of Medicaid Policy Changes on Patient Centered Outcomes Among Patients with Chronic Back Pain (Back on Track – BoT)</i> Role: Principal Investigator	11/17-10/20 \$ 5, 699,370 (total cost)
National Institute of Neurological Diseases and Stroke (UH3NS088731) UH3NS088731 <i>Collaborative Care for Chronic Pain in Primary Care (PPACT)</i> National Institute of Neurological Diseases and Stroke (UH3NS088731) Role: Principal Investigator	09/12–02/18 \$ 7,127,756 (total cost) 09/12–02/18
National Institute of Neurological Diseases and Stroke (UH3NS088731) UH3NS088731-S1 <i>National Pain Strategy Implementation Supplement (PPACT-NPS)</i> Role: Principal Investigator	09/16–02/18 \$ 229,989 (total cost)
National Institute of Neurological Diseases and Stroke (UH3NS088731) UH3NS088731-S2 <i>Sleep Disturbances and Impact on Chronic Pain (PPACT-SLEEP)</i> Role: Principal Investigator	09/16–02/18 \$ 248,496 (total cost)
National Institute of Drug Abuse (RO1DA042124) <i>Facilitating Lower Opioid Amounts through Tapering (FLOAT)</i> Role: Co-Investigator (PI: Smith)	05/17–02/20 \$1,146,000 (total cost)

**Research Support (continued)**

Awarded / Ongoing Research Support (continued)

National Center for Complementary and Integrative Health (R34AT009538) <i>A Trauma-Informed Mindfulness Based Yoga Intervention for Juvenile Justice Involved Youth (TIMBY)</i> Role: Co-Investigator (PI: Owen-Smith)	09/17-08/20 \$727,442 (total cost)
National Center for Complementary and Integrative Health (UG3AT009765) <i>Implementation of a Pragmatic Trial of Whole Health Team vs. Primary Care Group Education to Promote Non-Pharmacological Strategies to Improve Pain, Functioning, and Quality of Life in Veterans (WHOLE HEALTH)</i> Role: Co-Investigator (PI: Seal)	09/17-08/19 \$1,542,751 (total cost)
<u>Past Funding</u>	
National Center for Complementary and Integrative Health R01AT005896 <i>Use of Chiropractic Care and Acupuncture for Chronic Pain Within an Integrated Health Plan (RELIEF)</i> Role: Principal Investigator	09/10-08/16 \$ 3,357,100 (total cost)
National Institute of Mental Health R442MH096435 <i>Noom Monitor for Binge Eating</i> Role: Principal Investigator	09/15-08/17 \$ 1,325,388 (total cost)
Food and Drug Administration HHSF223201400146C <i>Optimizing Use of Opioids Following Surgery (FLOOD - FDA Opioids and Surgery)</i> Role: Co-Investigator (PI: Smith)	09/14-09/16 \$489,987 (total cost)
Agency for Health Care Research and Quality U19HS021107 <i>The Center for Education and Research on Therapeutics (CERTs) Scientific Forum</i> Role: Co-Investigator (PI: Fortmann)	11/14-08/16 \$ 890,000 (approximate annual total cost)
Patient Centered Outcomes Research Institute Pilot Project <i>Effects of a Patient Driven Assessment Process with Complex Pain Patients (PDAP)</i> Role: Principal Investigator	06/12-12/15 \$ 609,032 (total cost)
National Center for Complementary and Integrative Health R01AT005896S <i>Integrative Care for Chronic Musculoskeletal Pain in VA Hospitals and Clinics (RELIEF-supplement)</i> Role: Principal Investigator	09/11-08/12 \$ 84,390 (total cost)

**Research Support (continued)**

Past Funding (continued)

Agency for Health Care Research and Quality 09/10-09/13  
R01HS019912 \$ 922,533 (total  
*Scalable PARTnering Network for CER: Across Lifespan, Conditions, and Settings (SPAN)* subcontract)  
Role: Site Principal Investigator (PI: Daley)

National Institute of Mental Health 02/03-12/12  
R01MH064541 \$ 3,641,762 (total cost)  
*Prevention of Depression (TEAMS) and Prevention of Depression: Impact on the Transition to Early Adulthood (TEAMS 2)*  
Role: Co-Investigator (PI: Clarke)

National Institute of Mental Health 07/06-04/12  
R01MH073918 \$ 3,055,763 (total cost)  
*Brief, Primary Care CBT for Unmedicated Depressed Youth (STAND)*  
Role: Co-Investigator (PI: Clarke)

National Center for Complementary and Alternative Medicine 09/07-02/12  
R01AT003928 \$ 2,348,876 (total cost)  
*Randomized Trial of Tapas Acupressure for Weight Loss Maintenance (LIFE)*  
Role: Co-Investigator (PI: Elder)

National Institute of Diabetes and Digestive and Kidney Diseases 03/04-02/11  
U01DK061230  
NIDDK  
*Studies to Treat or Prevent Pediatric Type 2 Diabetes*  
Role: Co-Investigator, Chair of national social marketing working group (PI: Hirst)

National Institute of Mental Health 04/06-01/10  
R34MH073796 \$ 711,000 (total cost)  
*Development of CBT Model for Adolescent Bulimia Nervosa (A-BEST)*  
Role: Principal Investigator

National Institute of Child Health and Development 08/05-08/10  
R01HD050931 \$ 3,145,589 (total cost)  
*Primary Care Treatment for Overweight Adolescent Females*  
Role: Co-PI (PI: Stevens)

National Institute of Mental Health 07/03-06/09  
R01MH066966 \$ 3,310,633 (total cost)  
*Effectiveness of Guided Self-Help for Binge Eating*  
Role: Site Principal Investigator (PI: Striegel-Moore)

## Research Support continued

### Past Funding (continued)

National Institute of Mental Health  
R21MH064126  
*Naturalistic Pharmacotherapy for Youth Depression (LEAP)*  
Role: Principal Investigator  
04/03-03/05  
\$ 316,000 (total cost)

U01 MH61869 Clarke (PI)  
NIMH  
*Treatment of SSRI-Resistant Depression in Adolescents (TORDIA)*  
One site of six national sites testing medication switching and the addition of cognitive-behavioral therapy as follow-up to a failed, initial course of eight weeks of an SSRI medication for depression in adolescents aged 12 to 18.  
Role: Co-investigator  
09/00–08/05

R01 MH64541-01A1 Clarke (PI)  
NIH-NIMH  
*Prevention of Depression (POD/TEAM)*  
Randomized controlled trial of a group cognitive-behavioral therapy intervention to prevent depression in distressed youth at risk for depression by virtue of parent with major depressive disorder.  
Role: Co- investigator  
02/03–01/08

R01 HD37744 DeBar (PI)  
NIH-NICHHD  
*Lifestyle Change to Increase Bone Density in Teen Girls (YOUTH)*  
Randomized clinical trial to test the ability of a lifestyle healthy body intervention, delivered as a group and individual intervention, to achieve after 27 months a bone mineral density pattern more consistent with osteoporosis prevention than that resulting from an attention control condition.  
Role: Principal Investigator  
04/99–05/04

## Selected Invited Presentations and Symposia:

### Invited Presentations at Juried Conferences

**DeBar LL.** Embedded trials & health services research: What can we learn at ground zero of chronic pain treatment? Invited plenary presentation at 26<sup>th</sup> Annual Scientific Meeting of the American Pain Society, Pittsburgh, PA, May 2017.

**DeBar LL.** Grappling with chronic pain: What really matters to our patients and clinicians? Invited keynote address at American Chronic Pain Association Conference, Pittsburgh, PA, May 2017.

Boyd C, **DeBar L**, Smith S. PRO's in patients with multiple chronic conditions. Invited plenary session at the 24<sup>th</sup> Annual Conference of the International Society of Quality of Life Research, Philadelphia, PA, October 2017.

**Selected Invited Presentations and Symposia: (continued)**

Invited Presentations at Juried Conferences (continued)

**DeBar L.** Frontline clinical use of evidence-based integrative medicine for chronic pain. Invited presentation at the 28<sup>th</sup> Annual Meeting of the Academy of Integrative Pain Management, October 2017.

Goertz C, Cowley T, **DeBar L**, Krebs E, Zgierska A, Zerzan J. Addressing the opioid crisis by improving pain management. Invited special session at the PCORI Annual Meeting, Arlington, VA, November 2017.

Symposia and Panel Presentations

Weber W, Czajkowski S, **DeBar L**, Zatzick D. Integrating patient reported data into behavioral pragmatic trials: Challenges and solutions. Panel presentation and discussion at 38<sup>th</sup> Annual Meeting and Scientific Sessions of the Society for Behavioral Medicine, San Diego, CA, March 2017.

Krebs E, Dobscha S, **DeBar L**, Stephens K, Butler M, Sondoval B. Improving community-based treatment for chronic pain: The best antidote to reversing the opioid epidemic. Panel presentation and discussion at Emerging Practices on Collaborative Care Management of Chronic Pain. Seattle, WA, June 2017.

**DeBar LL**, Elder C, Ritenbaugh C, Patterson C, Cowan C. Randomized trial of a patient-centered assessment tool for improving chronic musculoskeletal pain management in primary care. Symposia at the International Back and Neck Pain Research Forum. Oslo, Norway, September 2017.