CURRICULUM VITAE

KATHERINE M. NEWTON, Ph.D.

ADDRESS: Group Health Research Institute

1730 Minor Ave., Suite 1600

Seattle, WA 98101

TELEPHONE: (206) 287-2973
FAX: (206) 287-2871
E-MAIL newton.k@ghc.org

EDUCATIONAL BACKGROUND

PhD, Epidemiology, June, 1995

School of Public Health and Community Medicine

University of Washington, Seattle

Dissertation: "Postmenopausal Estrogen Replacement Therapy and Survival

after Myocardial Infarction in Women"

MA, Nursing, March, 1977

University of Washington, Seattle

Thesis: "Comparison of Aortic and Brachial Cuff Pressures in Flat Supine and

Lateral Recumbent Positions"

BSN, **Highest Honors**, June, 1972 University of California, San Francisco

CURRENT PROFESSIONAL POSITIONS

2005 - Associate Director for Research and External Affairs, Group Health Cooperative, Group Health Research Institute,* Seattle, WA

2007 - Senior Scientific Investigator, Group Health Cooperative, Group Health Research Institute,* Seattle, WA

2005 - Affiliate Associate Professor, Department of Epidemiology, School of Public Health and Community Medicine, University of Washington, Seattle, WA

1999 - Affiliate Associate Professor, Department of Biobehavioral Nursing and Health Systems, University of Washington, Seattle, WA

PREVIOUS PROFESSIONAL POSITIONS

2002 - 2005 Associate Scientific Investigator, Group Health Cooperative Center for Health

Studies, Seattle, WA

2000 - 2002 Acting Associate Scientific Director, Group Health Cooperative Center for Health

Studies, Seattle, WA

^{*} Formerly Group Health Center for Health Studies

1999 - 2004	Affiliate Assistant Professor, Department of Epidemiology, School of Public Health and Community Medicine, University of Washington, Seattle, WA
1997 - 2000	Assistant Investigator, Group Health Cooperative Center for Health Studies, Seattle, WA
1995 - 1997	Postdoctoral Fellow, Group Health Cooperative Center for Health Studies, Seattle, WA
1990 - 1995	Research Assistant, Division of Public Health Sciences, Fred Hutchinson Cancer Research Center, Seattle, WA
1990 - 1993	Teaching Assistant, Epidemiologic Methods III, Department of Epidemiology, School of Public Health and Community Medicine, University of Washington, Seattle, WA
1982 - 1989	Nurse Coordinator, Cardiothoracic Surgery, University of Washington Medical Center, Seattle, WA
1977 - 1982	Lecturer/Research Instructor, Department of Physiological Nursing, University of Washington, Seattle, WA
1972 - 1978	Staff nurse, Coronary & Cardiovascular intensive care, Veterans Administration Hospital, San Francisco, CA, & Providence Hospital Seattle, WA

SCHOLARSHIPS, FELLOWSHIPS, HONORS AND AWARDS

2011	American Heart Association Research Administration Volunteer Recognition Award
2011	North American Menopause Society Annual Meeting Poster Prize Winner. Self-Reported Vasomotor Symptoms and Dietary Isoflavones: Results from the LeAVES Study. Newton KM, Lampe J, Reed SD, et al.
1994	1994 Outstanding Student Scholarship Award
	Department of Epidemiology, School of Public Health and Community Medicine
	University of Washington, Seattle
1992 - 1994	Individual National Research Service Award, National Center for Nursing Research, Pre-doctoral Fellowship
1992	Presenter, Student Workshop, Society of Epidemiologic Research
1975	Institutional Training Grant (NRSA), NIH, for pursuit of Masters Degree
1969 - 1970	Regents Scholar, University of California, San Francisco

PROFESSIONAL ACTIVITIES

Professional Organizations

American Heart Association
Council on Cardiovascular Epidemiology
Council on Cardiovascular Nursing
American Diabetes Association
European Menopause and Andropause Society
North American Menopause Society

Invited Participation in National/International Meetings

June 2009 "Equol, Soy, and Menopause Research Leadership Conference", the Center for Emerging Issues in Science (CEIS), Life Science Research Office (LSRO), Washington, D.C. May 2009 "Physician Approaches to Hormone Therapy Discontinuation." "Who can Quit? Factors Associated with Non-Compliance with Short-Term Hormone Therapy Suspension Prior to Screening Mammography." 8th European Congress on Menopause (EMAS), London, UK. March 2007 "Menopause and Sleep Problems." Scientific Workshop on Women and Sleep sponsored by the National Sleep Foundation and the Atlanta School of Sleep Medicine, Washington, D.C. "Principal Results of the Herbal Alternatives for Menopause Study." National January 2007 Advisory Council on Aging Meeting, National Institute on Aging, Washington, D.C. Nov & July 2006 Conference on "New Interventions for Menopausal Symptoms – I & II," sponsored by National Institute on Aging, National Institutes of Health, Bethesda, MD. Sept 2006 "Northern Lights Workshop on CAM Use Registration," sponsored by The National Research Center in Complementary and Alternative Medicine, University of Tromso, Tromso, Norway. June 2006 "Hormone Therapy Re-Initiation and First-Time Initiation by Type, Dose and Route, After the Women's Health Initiative." "The Impact of Hormone Therapy and Herbal Remedies for Menopause Symptoms on Sleep Quality: The HALT Trial." 7th European Congress on Menopause, Istanbul, Turkey. January 2004 "Validity of Self Report Measures of Vasomotor Symptoms," Invited Speaker/Panelist, Workshop on Measurement of Vasomotor Symptoms. Sponsored by National Center for Complementary and Alternative Medicine, National Institutes of Health, Bethesda, MD. March 2003 "Menopause Basics," Sponsored by North American Menopause Society, American Association of Pharmacists, New Orleans, LA. "Shared Decision Making: HRT as a Research Paradigm." HMO Research May 2001 Network Conference, Seattle, WA.

May 2001	"Creating opportunities with consumer and community-based research." Program Moderator. Building Bridges VII Research Conference, American Association of Health Plans, Seattle, WA.
June 2000	"The epidemiology of menopause," and "Complementary and alternative strategies." Promoting Menopausal Health: Practical Clinical Guidelines. Association of Women's Health, Obstetric and Neonatal Nurses.
1997-1998	"Estrogen replacement therapy and prognosis after first myocardial infarction." Poster Sessions on Women and Heart Disease Sponsored by the American Heart Association. ACOG Scientific Sessions, Las Vegas, March 1997; American Association of Family Practice, Chicago, September, 1997; American Medical Women's Association, Chicago, November, 1997; American Heart Association Scientific Sessions, Orlando, November, 1997; NHLBI, Cardiovascular Health: Coming together for the 21st Century, San Francisco, February, 1998; American Heart Association Scientific Sessions, Dallas, November, 1998.
May 1998	"The use of alternative and complementary medicine by women enrolled in an HMO setting." Fourth Annual HMO Research Network Conference, Oakland, CA.
May 1998	"Obesity and Postmenopausal Hormones." Obesity: Impact on Cardiovascular Disease. American Heart Association sponsored workshop. Amelia Island, Florida.
September 1998	"Promoting Informed Decision Making During mid Life: Examples from Canada and the United States." North American Menopause Society, Toronto, Canada.
November 1998	"Risks and Benefits of Hormone Replacement Therapy: Beyond CAD." American Heart Association Scientific Sessions. Dallas, TX.
August 1997	"The effects of estrogen replacement therapy on prognosis in women with coronary heart disease." National Medical Association, Honolulu, Hawaii.
	Invited Lectures
January, 2013	"The Placebo Effect in RCTs: What is it? How can RCT designs address it?" Fred Hutchinson Cancer Research Center, Seattle, WA
October 2009	"Menopause – Symptoms and Hormonal Changes" 2 nd Annual Pre-FNCE (Nutrition in Complementary Care) Conference, American Dietetic Association, Denver, CO.

October 2008 "Lessons Learned from the Herbal Alternatives Trial" Institute of Translational Health Sciences, University of Washington, Seattle, WA. "Primary Findings from the Herbal Alternatives Study," Bastyr University April 2008 Research Conference, Seattle, WA October 2007 "Primary Outcomes form Herbal Alternatives Study," Department of Epidemiology, University of Washington School of Public Health and Community Medicine, Seattle WA. April 2007 "Herbal Alternatives for Menopause Symptoms." Complementary and Alternative Medicine and Center for Women's Health and Gender Research Program, University of Washington School of Nursing, Seattle, WA. March 2006 "The Herbal Alternative HALT Study: A randomized trial of black cohosh, multibotanical herbs and dietary soy for vasomotor symptoms." Human Nutraceutical Research Unit, University of Guelph, Guelph, Ontario, Canada. "Alternative therapies for mid-life women: issues and research May 2004 opportunities." 10th Annual HMO Research Network Conference, Dearborn, MI, May 4, 2004. May 2001 "Attitudes and knowledge about future risk of type 2 diabetes and diabetes prevention among women with prior GDM and their health care providers." Western Diabetes in Pregnancy Study Group. Skamania, WA. May 2001 "Hormone Replacement Therapy and Alternative Therapies for Menopause." Continuing Nursing Education, University of Washington, Seattle, WA. February 1999 "Hormone Replacement Therapy, Has the pendulum swung the other way?" Continuing Nursing Education, University of Washington, Seattle, WA. October 1998/99 "The Epidemiology of Menopause." Reproductive Epidemiology, Department of Epidemiology, School of Public Health and Community Medicine, University of Washington. October 1998 "Informed decision making about hormone replacement therapy in a managed care setting." Department of Biobehavioral Nursing and Health Care Systems. School of Nursing, University of Washington, Seattle, WA. March 1998 "Informed decision making about hormone replacement therapy in a managed care setting." Center for Women's Health Research, School of Nursing, University of Washington. "What factors account for differences in HRT prescribing by healthcare January 1998 providers? The physician's role in women's decision making about hormone replacement therapy – The EnPOWER provider survey." The

Future of Managed Care and Women's Health: New Directions for the 21st Century, The U.S. Public Health Service's Office on Women's Health, Washington D.C.

Editorial Reviews

Annals of Internal Medicine
Archives of Internal Medicine
Diabetes Care
Journal of Clinical Epidemiology
Journal of Women's Health & Gender Based Medicine
Maturitas
Menopause
Obesity
Obstetrics and Gynecology
Women's Health Issues

Grant Reviews

2011	Co-Chairperson, Genomics and Translational Biology Epidemiology and Observational Epidemiology (GTOE) Study Group, American Heart Association, Dallas, TX.
2010	Genomics and Translational Biology Epidemiology and Observational Epidemiology (GTOE) Peer Review Committee, the American Heart Association, Dallas, TX.
2010	Ad Hoc Reviewer, U01 Special Study Section, National Institute on Aging, National Institutes of Health.
2009	Ad Hoc Reviewer, U01 Special Study Section, National Institute on Aging, National Institutes of Health.
2009	Outcomes and Behavior Science Peer Review Committee, the American Heart Association, Dallas, TX.
2008	Behavioral Science, Epidemiology & Prevention Committee, American Heart Association, Dallas TX.
2008	National Institute of Diabetes and Digestive and Kidney Diseases, Special Emphasis Panel, National Institutes of Health.
2007	National Institute of Diabetes and Digestive and Kidney Diseases, Special Emphasis Panel, National Institutes of Health.
2006	National Institute of Diabetes and Digestive and Kidney Diseases, Special Emphasis Panel, National Institutes of Health.
2005	National Center for Complementary and Alternative Medicine, Special Emphasis Panel, Additional Clinical Science, National Institutes of Health.
2004	Ad Hoc Reviewer, Aging Study Group 01, National Institutes of Health.

2004	Centers for Disease Control and Prevention. Prevention Center Research Program, 2004 External Review for Prevention Center Proposals.
2003	National Heart Lung and Blood Institute, Special Emphasis Panel review of Unsolicited Proposal, National Institutes of Health.
2003	National Center for Complementary and Alternative Medicine, Special Emphasis Panel, National Institutes of Health.
2001	Centers for Disease Control and Prevention, Prevention Center Research Program, 2001 External Review – Special Emphasis Panel.
2000-2003	Behavioral Science, Epidemiology & Prevention Study Group, American Heart Association, Dallas, TX (Co-Chair, 2002-3).
1999	Alliance of Community Health Plans 1999.
1999	HMO Research Network 1999.

Professional Service

2011-2012	Chair, HMO Research Network 2012 Scientific Symposium Meeting
2007	Convener, HMORN Diabetes Research Consortium Meeting, American Diabetes Association Scientific Sessions Meeting, Chicago.
2003-2008	Member, Data and Safety Monitoring Committee, "Glutathione Transferases in Humans" (2EAT) study. Johanna Lampe, Pl. Fred Hutchinson Cancer Research Center.
2002-2005	Chair, Scientific Policy Committee, Center for Health Studies, Group Health Cooperative.
2002-present	Member, Research Quality Liaison Committee, Group Health Cooperative.
2002-present	Member, Integrating CAM: Nursing Emphasis (CAM and Nursing) Advisory Committee, University of Washington, School of Nursing.
2004-2005	North American Menopause Society, Abstract Reviewer.
2002-2003	North American Menopause Society, commentary for Menopause News, an email service providing summaries and commentary about recent scientific publications.
2000-2002	Member, Scientific Policy Committee, Center for Health Studies, Group Health Cooperative.
2000-2002	Member, Professional Education Committee, North American Menopause Society.
1999-2004	Reviewer "NAMS Menopause Core Curriculum Study Guide," North American Menopause Society.
1989 & 1990	Co-chair, Scientific Symposium Planning Committee American Heart Association Washington Affiliate.

1990	Healthcare Site Committee, AHA Washington Affiliate.
1990	Women and Heart Disease Task Force, AHA Washington Affiliate.
1989-1990	Admission Committee, Department of Epidemiology, University of Washington.
	Community Service
2007	Invited Speaker, Group Health Senior Caucus Annual Meeting, "How the Center for Health Studies transforms health care at Group Health and around the world."
1998-2005	Member, Heart Care Roadmap Team, Group Health Cooperative of Puget Sound.
2000-2002	Member, Diabetes Roadmap Team, Group Health Cooperative of Puget Sound.
2003	Invited Speaker, GHC Community Forum, Burien Clinic, "Getting to the Heart of the Matter."

BIBLIOGRAPHY

Research Papers in Refereed Journals

- Sivarajan ES, Bruce RA, Almes MJ, Green B, Belanger L, Lindskog BD, Newton KM, Mansfield LW. In-hospital exercise after myocardial infarction does not improve treadmill performance. New England Journal of Medicine 1981;305:357-362.
- 2. **Newton KM**. Comparison of aortic and brachial cuff pressures in flat supine and lateral recumbent positions. Heart and Lung 1981;10:821-826.
- 3. Sivarajan ES, **Newton KM**, Almes MJ. Limited effects of out-patient teaching and counseling after myocardial infarction: a controlled study. Heart and Lung 1983;12:65-73.
- 4. Ott CR, Sivarajan ES, **Newton KM**, Almes MJ, Bruce RA, Bergner M, Gilson BS. A controlled randomized study of early cardiac rehabilitation: The Sickness Impact Profile as an assessment tool. Heart and Lung 1983;12:162-170.
- Newton KM, Sivarajan ES, Clark JL. Patient perceptions of risk factor changes and cardiac rehabilitation outcomes after myocardial infarction. Journal of Cardiac Rehabilitation 1985;5:159-168.
- 6. Moore KI, **Newton KM**. Orthostatic heart rates and blood pressures in healthy young women and men. Heart and Lung 1986;15:611-617.
- 7. **Newton KM**, Killien MG. Patient/spouse learning needs during recovery from coronary artery bypass. Progress in Cardiovascular Nursing 1988;3:62-69.
- 8. Froelicher ES, Kee LL, **Newton KM**, Lindskog B, Livingston M. Return to work, sexual activity, and other activities after acute myocardial infarction. Heart Lung 1994;23:423-35.
- 9. Jick H, Derby LE, Myers MW, Vasilakis C, **Newton KM**. Risk of hospital admission for idiopathic venous thromboembolism among users of postmenopausal estrogens. Lancet 1996;348:981-83.

- 10. **Newton KM**, LaCroix AZ. The association of body mass index with reinfarction and survival after first myocardial infarction in women. J Women's Health, 1996;5:433-44.
- 11. **Newton KM**, LaCroix AZ, McKnight B, Knopp RH, Siscovick DS, Heckbert SK, Weiss NS. Estrogen replacement therapy and prognosis after first myocardial infarction. Am J Epidemiol, 1997;145:269-77.
- 12. **Newton KM**, LaCroix AZ, Leveille S, Rutter C, Keenan NL, Anderson LA. Women's beliefs and decisions about hormone replacement therapy. J Women's Health 1997;6:459-465.
- 13. Leveille S, LaCroix AZ, **Newton KM**. Older women and hormone replacement therapy: Factors influencing late life initiation. J Am Geriatr Soc 1997;45:1496-1500.
- 14. LaCroix AZ, **Newton KM**, Leveille SG, Wallace J. Healthy aging: a women's issue. West J Med 1997;167:220-232.
- 15. Kaplan RC, Heckbert SR, Weiss NS, Wahl PW, Smith ML, **Newton KM**, Psaty BM. Postmenopausal estrogens and risk of myocardial infarction in diabetic women. Diab Care 1998;21:1117-1121.
- 16. **Newton KM**, LaCroix AZ, Leveille S, Rutter C, Keenan NL, Anderson LA. The physician's role in women's decision making about hormone replacement therapy. Obstet Gynecol 1998;92:580-4.
- 17. Buist DSM, LaCroix AZ, **Newton KM**, Keenan NL. Are long-term hormone replacement therapy users different from short-term and never users? Am J Epidemiol 1999;149:275-81.
- 18. Ramsey SD, **Newton KM**, Blough D, McCulloch D, Sandhu N, Reiber GE, Wagner EH. Incidence, outcomes and costs of foot ulcers in patients with diabetes. Diab Care 1999;22:382-387.
- 19. **Newton KM**, Wagner EH, Ramsey SD, McCulloch D, Evans R, Sandhu N, Davis C. The use of automated data to identify complications and comorbidities of diabetes: a validation study. J Clin Epidemiol 1999;52:199-207.
- 20. Anderson LA, Caplan LS, Buist DSM, **Newton KM**, Curry SJ, Scholes D, LaCroix AZ. Perceived barriers and recommendations concerning hormone replacement therapy counseling among primary care providers. Menopause 1999;6:161-166.
- 21. Ramsey SD, **Newton KM**, Wagner EH, McCulloch D, Evans R. Patient-level estimates of the cost of diabetes complications in diabetes in a managed care population. Pharmacoeconomics 1999;16:285-295.
- 22. LaCroix AZ, **Newton KM**, Buist DSM, Curry SJ, Scholes D, Anderson LA, Keenan NL. . Population-based strategy for improving informed decision making about hormone replacement therapy in managed care settings. Women's Health Issues 1999;9:306-318.
- 23. Buist DSM, LaCroix AZ, **Newton KM**, Keenan NL. Long-term HRT users. Menopause Digest 2000;12:210-221.

- 24. Greenlund KJ, Keenan NL, Anderson LA, Mandelson MT, **Newton KM**, LaCroix AZ. Does provider prevention orientation influence female patients' preventive practices? Am J Prev Med. 2000;19:104-10.
- 25. Phelan EA, Buist DSM, Anderson LA, **Newton KM,** Delaney KM, LaCroix AZ. Understanding Attitudes of Older Women Towards Hormone Replacement Therapy. Preventive Medicine 2001;32:49-56.
- Wagner EH, Sandhu N, Newton KM, McCulloch DK, Ramsey SC, Grothaus LC. Effect of improved glycemic control on health care costs and utilization. JAMA 2001;285:182-189.
- 27. Van Kessel K, Reed S, **Newton K**, Meier A, Lentz G. The Second Stage of Labor and Stress Urinary Incontinence. Am J Obstet Gynecol 2001;184:1571-5.
- 28. Mueller BA, **Newton K**, Holly EA, Preston-Martin S. Residential water source and the risk of childhood brain tumors. Environ Health Perspect 2001;109:551-556.
- 29. **Newton KM**, LaCroix AZ, Buist DSM, Anderson LA, Delaney K. What Factors Account for Hormone Replacement Therapy Prescribing Frequency? Maturitas 2001;39:1-10.
- 30. **Newton KM**, LaCroix AZ, Buist DSM, Anderson LA, Delaney KM. Women's responses to a mailed Hormone Replacement Therapy workbook. Menopause 2001;8:361-7.
- 31. **Newton KM**, Buist DSM, LaCroix AZ, Keenan NL, Anderson LA. Use of alternative therapies for menopause symptoms: results of a population-based survey. Obstet Gynecol 2002:100:18-25.
- 32. Kim C, **Newton KM**, Knopp RH. Gestational diabetes and the incidence of type 2 diabetes: a systematic review. Diabetes Care 2002;25:1862-8.
- 33. Adams KF, **Newton KM**, Chen C, Emerson SS, Potter JD, White E, Lampe JW. Soy isoflavones do not modulate circulating insulin-like growth factor concentrations in an older population in an intervention trial. J Nutr. 2003;133:1316-9.
- 34. **Newton, KM**, LaCroix AZ, Heckbert SR, Abraham L, McCulloch D, Wagner EH, Barlow W. Estrogen therapy and risk of cardiovascular events among women with type 2 diabetes. Diabetes Care. 2003; 26:2810-6.
- 35. Adams KF, Chen C, **Newton KM**, Potter DJ, Lampe JW. Soy isoflavones do not modulate prostate-specific antigen (PSA) concentrations in older men in a randomized controlled trial. Cancer Epidemiol Biomarkers Prev. 2004;13:644-8.
- 36. Valk GD, Renders CM, Kriegsman DM, **Newton KM**, Twisk JW, van Eijk JT, van der Wal G, Wagner EH. Quality of care for patients with type 2 diabetes mellitus in the Netherlands and the U.S. A comparison of two quality improvement programs. Health Serv Res. 2004;39:709-25.
- 37. Sullivan M, **Newton K**, Hecht J, Russo JE, Spertus JA. Depression and health status in elderly patients with heart failure: A 6-month prospective study in primary care. Am J Geriatric Cardiology. 2004;13:252-260.

- 38. Buist DSM, **Newton KM**, Miglioretti DL, Beverly K, Connelly MT, Andrade S, Hartsfield DL, Wei F, Pettus PT, Chan AK, Larry Kessler L. Hormone therapy prescribing patterns in the United States. Obstet Gynecol. 2004;104(5 Pt 1):1042-50.
- 39. Reed SD, **Newton KM**, LaCroix AZ. Indications for hormone therapy: the post-Women's Health Initiative era. Endocrinol Metab Clin North Am. 2004;33:691-715.
- 40. Melville J, Katon, W Delaney K, **Newton K**. Urinary Incontinence in U.S. Women: A Population-Based Study. Arch Intern Med. 2005;165:537-42.
- 41. **Newton KM**, Buist DSM, Miglioretti DL, Beverly K, Hartsfield DL, Chan KA, Andrade SE, Wei F, Connelly MT, Kessler L. The Impact of Comorbidities on Hormone Use After the 2002 Release of the Women's Health Initiative. J Gen Intern Med 2005;20:350-6.
- 42. **Newton KM**, Reed SD, Grothaus L, Ehrlich K, Guiltinan J, Ludman E, LaCroix AZ, The Herbal Alternatives for Menopause (HALT) Study: Background and Study Design. Maturitas 2005;52:134-46.
- 43. Adams KF, Lampe PD, **Newton KM**, Ylvisaker JT, Feld A, Myerson D, Emerson SS, White E, Potter JD, Lampe JW. Soy protein containing isoflavones does not decrease colorectal epithelial cell proliferation in a randomized controlled trial. Am J Clin Nutr, 2005;82:620-626.
- 44. Melville JL, Delaney K, **Newton K**, Katon W. Incontinence Severity and Major Depression in Incontinent Women. Obstet Gynecol 2005;106:585-92.
- 45. Hartsfield CL, Connelly MT, **Newton KM**, Andrade SE, Wei FeiFei, Miglioretti DL, Buist DSM. Health System Responses to the Women's Health Initiative Findings on Estrogen and Progestin: Organizational Response. J Natl Cancer Inst Monogr. 2005;35:113-115.
- 46. Wei F, Miglioretti DL, Connelly MT, Andrade SE, **Newton KM**, Hartsfield DL, Chan KA, Buist DSM. Changes in women's use of hormones after the Women's Health Initiative estrogen and progestin trial by race, education, and income. J Natl Cancer Inst Monogr. 2005;35:106-112.
- 47. Melville JL, Fan MY, **Newton K**, Fenner D. Fecal Incontinence in U.S. Women: A Population-Based Study. Am J Obstet Gynecol 2005;193:2071-6.
- 48. Melville JL, **Newton K**, Fan MY, Katon W. Health care discussions and treatment for urinary incontinence in U.S. women. Am J Obstet Gynecol. 2006;194:729-37.
- 49. **Newton KM**, LaCroix AZ, Levy L, Li SS, Qu P, Potter JD, Lampe JW. Soy protein and bone mineral density in older men and women: A randomized trial. Maturitas 2006;53:270-7.
- 50. Reed SD, **Newton KM**, Thompson LB, McCrummen BA, Warolin AK. The incidence of repeat uterine surgery following myomectomy. J Women's Health, 2006;15;1046-52.
- 51. Thompson LB, Reed SD, McCrummen BK, Warolin AK, **Newton KM**. Leiomyoma characteristics and risk of subsequent surgery after myomectomy. Int J Gynaecol Obstet 2006;95:138-43.

- 52. **Newton KM**, Reed SD, LaCroix AZ, Grothaus L, Ehrlich K, Guiltinan J. Treatment of vasomotor symptoms of menopause with black cohosh, multibotanicals, soy, hormone therapy, or placebo. A randomized trial. Ann Intern Med 2006:145:869-79.
- 53. Spangler L, **Newton KM**, Grothaus LC, Reed SD, Ehrlich K, LaCroix AZ. The effects of black cohosh therapies on lipids, fibrinogen, glucose and insulin. Maturitas 2007;57:195-204.
- 54. Reed SD, **Newton KM**, LaCroix AZ, Grothaus L, Ehrlich K. Night sweats, sleep disturbance, and depression associated with diminished libido in late menopause transition and early postmenopause: baseline data for the Herbal Alternatives for Menopause Trial (HALT). Am J Obstet Gynecol. 2007;196:593.e1-7. PMC1976304
- 55. Reed SD, **Newton KM**, LaCroix AZ, Grothaus L, Grieco V, Ehrlich K. Vaginal, endometrial and reproductive hormone findings: randomized placebo-controlled trial of black cohosh, multibotanical herbs and dietary soy for vasomotor symptoms, the herbal alternatives for menopause (HALT) study. Menopause 2008;15(1):51-8.
- 56. Bush TM, Bonomi AE, Nekhlyudov L, Ludman EJ, Reed SD, Connelly MT, Grothaus LC, LaCroix AZ, **Newton KM.** How the Women's Health Initiative (WHI) influenced physicians' practice and attitudes. J Gen Intern Med. 2007; 22(9):1311-6. PMC2219779
- 57. Fialkow MF, **Newton KM**, Lentz GM, Weiss NS. Lifetime risk of surgical management for pelvic organ prolapse or urinary incontinence. Int Urogynecol J Pelvic Floor Dysfunct. 2008; 19(3):437-40.
- 58. Atkinson C, **Newton KM**, Bowles EA., Yong M, Lampe JW. Demographic, anthropometric, and lifestyle factors and dietary intakes in relation to daidzein-metabolizing phenotypes among premenopausal women in the United States. Am J Clin Nutr. 2008;87:679-87.
- 59. **Newton KM**, Buist DSM, Yu O, Hartsfield CL, Andrade SE, Wei F, Connelly MT, Chan KA. Hormone therapy initiation after the Women's Health Initiative. Menopause. 2008;15(3):487-93.
- 60. Carr DB, **Newton KM**, Utzschneider KM, Tong J, Gerchman F, Kahn SE, Heckbert SR. Modestly elevated glucose levels during pregnancy are associated with a higher risk of future diabetes among women without gestational diabetes. Diabetes Care. 2008;31(5):1037-9.
- 61. Spangler L, Scholes D, Brunner RL, Robbins J, Reed SD, **Newton KM**, Melville J, LaCroix AZ. Depressive symptoms, bone loss, and fractures in postmenopausal women. J Gen Intern Med. 2008;23(5):567-74. PMC2324136
- 62. Allison KH, Reed SD, Voigt LF, Jordan CD, **Newton KM**, Garcia RL. Diagnosing Endometrial Hyperplasia: Why is it so difficult to agree? Am J Surg Pathol. 2008;32(5):691-8. PMC2682169
- 63. Atkinson C, **Newton KM**, Stanczyk FZ, Westerlind KC, Li L, Lampe JW. Daidzeinmetabolizing phenotypes in relation to serum hormones and sex hormone binding globulin, and urinary estrogen metabolites in premenopausal women in the United States. Cancer Causes and Control. 2008;19(10):1085-93.

- 64. Fialkow, MF, **Newton KM**, Weiss NS. Incidence of recurrent pelvic organ prolapse 10 years following primary surgical management: a retrospective cohort study. Int Urogynecol J Pelvic Floor Dysfunct. 2008; 19(11):1483-7.
- 65. Melville JL, Wagner, LE, Fan MY, Katon WJ, **Newton KM**. Women's perceptions about the etiology of urinary incontinence. J Womens Health (Larchmt). 2008;17(7):1093-8. PMC2944440
- 66. Lee KA, Baker FC, **Newton KM**, Ancoli-Israel S. The influence of reproductive status and age on women's sleep. J Womens Health (Larchmt). 2008;17(7):1209-14.
- 67. Epplein M, Reed SD, Voigt LF, **Newton KM**, Holt VL, Weiss NS. Risk of complex and atypical endometrial hyperplasia in relation to anthropometric measures and reproductive history. Am J Epidemiol. 2008;168(6):563-70. PMC2727194
- 68. Atkinson C, **Newton KM**, Aiello Bowles EJ, Lehman CD, Stanczyk FZ, Westerlind KC, Li L, Lampe JW. Daidzein-metabolizing phenotypes in relation to mammographic breast density among premenopausal women in the United States. Breast Cancer Res Treat. 2008;116(3):587-94.
- 69. Go AS, Magid DJ, Wells B, Sung SH, Cassidy-Bushrow AE, Greenlee RT, Langer RD, Lieu TA, Margolis KL, Masoudi FA, McNeal CJ, Murata GH, Newton KM, Novotny R, Reynolds K, Roblin DW, Smith DH, Vupputuri S, White RE, Olson J, Rumsfeld JS, Gurwitz JH. The Cardiovascular Research Network. A new paradigm for cardiovascular quality and outcomes research. Circulation. 2008:1:138-147.
- 70. Epplein M, Reed SD, Voigt LF, **Newton KM**, Holt VL, Weiss NS. Endometrial hyperplasia risk in relation to recent use of oral contraceptives and hormone therapy. Ann of Epidemiol. 2009;19:1-7. PMC2615384
- 71. Reed SD, Voigt LF, **Newton KM**, Garcia RH, Allison HK, Epplein M, Jordan D, Swisher E, Weiss NS. Progestin therapy of complex endometrial hyperplasia with and without atypia. Obstet Gynecol. 2009;113(3):655-62. PMC2680496
- 72. Reed SD, Ludman EJ, **Newton KM**, Grothaus LC, LaCroix AZ, Nekhlyudov L, Spangler L, Jordan L, Ehrlich K, Bush T. Depressive symptoms and menopausal burden in the midlife. Maturitas. 2009;62:306-10. PMC2813141
- 73. Nekhlyudov L, Bush T, Bonomi AE, Ludman EJ, **Newton KM**. Physicians' and women's views on hormone therapy and breast cancer risk after the WHI: A qualitative study. Women & Health. 2009;49(4):280-293.
- 74. Spangler L, Reed SD, Nekhyludov L, Grothaus LC, LaCroix AZ, **Newton KM**. Provider attributes associated with hormone therapy prescribing frequency. Menopause. 2009;16(4):810-816. PMC2710398
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- 1. **Newton KM**, Reed SD, Nekhyludov L, Grothaus, LC, Ludman EJ, Ehrlich K, LaCroix AZ. Factors Associated with Successful Discontinuation of Hormone Therapy. Menopause
- 2. Thacker EL, Jensen PN, Psaty BM, McKngiht B, Longstreth WT Jr, Dublin S, **Newton KM**, Smith NL, Siscovick DS, Heckbert SR. Use of statins and antihypertensive medications in relation to risk of permanent atrial fibrillation. Am Heart J.

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- Newton KM, Froelicher ESS. Coronary Heart Disease Risk Factors, Chapter 14 in <u>Cardiac Nursing</u>, 3rd Ed. SL Woods, ESS Froelicher, CJ Halpenny, SU Underhill (eds) 1994, JB Lippincott Company.
- 6. **Newton KM**. Cardiac Catheterization, Chapter 24 in <u>Cardiac Nursing</u>, <u>3rd Ed</u>. SL Woods, ESS Froelicher, CJ Halpenny, SU Underhill (eds) 1994, JB Lippincott Company.
- 7. La Croix AZ, **Newton KM**, Leveille SG, Wallace J. Healthy aging. A women's issue. West J Med 1997;167:220-32.
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Published Abstracts

- 1. **Newton KM**, Halpenny CJ, Stewart DK. Aortic and bilateral arm blood pressures in flat supine and lateral recumbent positions. Circulation 1978;58:II167.
- 2. **Newton KM**, Sivarajan ES, Bruce RA, Mansfield LW. Influence of a teaching/counseling program on patient's diet after myocardial infarction. Circulation 1981;64:IV-100.
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- 4. **Newton KM**, Sivarajan ES. Patient perceptions and predictions of risk factor changes and activity levels after myocardial infarction. Circulation 1983;68:III-327.
- 5. **Newton KM**, Killien MG. Expected vs. achieved benefits of patient/spouse after coronary artery bypass. Circulation 1986;74(part 2):II-488.
- 6. **Newton KM**, Killien MG. Quality of life during early recovery from coronary artery bypass. Circulation 1986;74(part 2):II-9.
- 7. **Newton KM**, Killien MG. Patient/spouse learning needs after coronary artery bypass. Circulation 1986;74(part 2):II-291.
- 8. **Newton KM**, Lazovich D, Mueller BA, Daling JR. The risk of low birth weight associated with smoking in consecutive pregnancies. Abstracts of the 118th Annual Meeting of the American Public Health Association 1990;Sept-Oct:203.
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- 12. **Newton KM**, Ramsey SC, Wagner EH, McCulloch DK, Sandhu N. The use of automated data to evaluate the complication burden of diabetes in a managed care setting. Diabetes (Suppl 1) 1997;46:142A.

- 13. Ramsey SD, Wagner EH, McCulloch DK, **Newton K**, Sandhu N. The cost of treating foot ulcers in patients with diabetes. Diabetes (Suppl 1) 1997;46:62A.
- 14. **Newton KM**, LaCroix AZ, Woods NF, Keenan NL, Anderson LA. Decisions about hormone replacement therapy among HMO women in the 1900's. Menopause 1996;3.
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- 16. **Newton KM**, LaCroix AZ, Buist DSM. Do providers encourage HRT use for women at high risk of coronary disease? A focus on attitudes and prescribing behaviors. Circulation(Suppl) 1997;96:I-131.
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- 27. Lampe JW, Levy L, Li SS, Qu P, **Newton KM**, LaCroix AZ. Effects of soy protein supplementation on spine and hip bone mineral density in an older population in a randomized controlled trial. J Nutr 2004;134:1289S.
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Published Editorials

- 1. **Newton, KM**. Another multibotanical for vasomotor symptoms: some lessons learned. Menopause 2010; 17:237.
- 2. **Newton, KM**, Grady D. Soy isoflavones for prevention of menopausal bone loss and vasomotor symptoms. Arch Intern Med. 2011; 15:1369-70.

Published Letters

- 1. LaCroix A, **Newton K**, Phelan E. Physician gender and estrogen replacement therapy. JGIM 1997;12:334.
- Keenan NL, Anderson LA, LaCroix AZ, Newton KM, Buist DSM. Helping women achieve long-term continuance of estrogen replacement therapy (ERT) and hormone replacement therapy (HRT). Menopause 1999;6:179-80.
- 3. Reed S, **Newton K**, LaCroix A, Grothaus L. Efficacy and safety of isopropanolic black cohosh extract for climacteric symptoms. Obstet Gynecol. 2005;106:1111.
- 4. **Newton KM**, Reed SD, LaCroix AZ. Alternative Treatments of Vasomotor Symptoms of Menopause. Ann Intern Med 2007;147:346-7.
- Reed S, Newton KM, LaCroix AZ, Grothaus L. In reply: Vaginal, endometrial and reproductive hormone findings: randomized, placebo-controlled trial of black cohosh, multibotanical herbs, and dietary soy for vasomotor symptoms: the Herbal Alternatives for Menopause (HALT) study. Menopause 2008;15(3):1.
- 6. Epplein M, Reed SD, Voigt LF, **Newton KM**, Holt VL, Weiss NS. Epplein et al. respond to: "Endometrial hyperplasia Getting back to normal." Am J Epidem 2008;168:575-6.

RESEARCH HISTORY

Funded Research

Title: Multi-Institutional Consortium for CER in Diabetes Treatment and

Prevention

Role: Co-Investigator (subcontract)
Dates: 09/30/2010-09/29/2013

Funding Agency: Agency for Healthcare Research and Quality (AHRQ)

Total Direct Costs: \$412,443

Description: The purpose of this study is to determine the clinical effects (weight loss,

better glycemic status, repeated glucose testing) of provider intervention in women with a recent history of GDM who had abnormal test results on the postpartum glucose test and to determine the clinical effects (weight loss, better glycemic status, repeated glucose testing) of the content of the clinical advice, subsequent referrals, and pharmacological or lifestyle

interventions among women with a recent history of GDM who had

abnormal test results on the postpartum glucose test.

Title: Development of a Cardiovascular Disease Surveillance System in

the CVRN

Role: Co-Investigator (subcontract)
Dates: 09/30/2009-07/31/2011

Funding Agency: National Heart, Lung and Blood Institute.

Total Direct Costs: \$174,750

Description: To establish a surveillance system for cardiovascular disease in the

Cardiovascular Disease Research Network (CVRN) and to use the data from this system as a framework for addressing two of the NHLBI topics of interest, comparative effectiveness and novel methods of monitor

health disparities.

Title: The Impact of Intensive Versus Usual Glucose Control and Multiple

Risk Factor Intervention Approaches in Individuals with Type 2

Diabetes.

Role: Co-Investigator (subcontract)
Dates: 09/22/2009-04/30/2011

Funding Agency: Agency for Healthcare Research and Quality

Total Direct Costs: \$223,765

Description: The purpose of this study is to address the question of whether intensive

glycemic control in adult patients with type 2 diabetes leads to improved short and longer-term outcomes compared with less intensive therapy and to determine whether its benefit varies as a function of age, prior cardiovascular disease, blood pressure or LDL-cholesterol control.

Title: Translating the DPP in an HMO Setting: Telephone Intervention

Planning Grant

Role: Principal Investigator
Dates: 09/01/2009-08/31/2011

Funding Agency: National Institute of Diabetes and Digestive and Kidney Diseases

Total Direct Costs: \$480,000

Description: Evaluation of the feasibility and acceptability of the intervention program.

Conduct preliminary analysis of the intervention's effectiveness. Inform

the design and implementation of a full scale effectiveness trial.

Title: Equol and Vasomotor Symptoms

Role: Principal Investigator
Dates: 09/01/2009 – 03/31/2012

Total Direct Costs: \$691,955

Funding Agency: Otsuka Pharmaceutical

Description: Examine effects of equal producer status and soy intake on vasomotor

symptoms.

Title: MSI-FLASH: An RCT of Yoga and Ultra Low-Dose Estrogen Gel for

Vasomotor Symptoms: Administrative Supplement

Role: Co-Principal Investigator Dates: 02/15/2010-08/31/13

Funding Agency: NIH, National Institute on Aging

Total Direct Costs: §

Description: To analyze ECG data for heart rate variability and urine specimens for

cortisol for the Yoga Intervention Trial of the MsFLASH studies. Funding to collect, but not to analyze, blood and urine for these tests was included

in the parent grant.

Title: Atrial Fibrillation: Incidence, Risk Factors and Genetics.

Role: Co-Investigator (Subcontract)

Dates: 08/17/2009-07/31/11

Funding Agency: National Heart, Lung and Blood Institute

Total Direct Costs: \$153,832

Description: To determine risk factors for Atrial Fibrillation and its complications.

Title: MSI-FLASH: An RCT of Yoga and Ultra Low-Dose Estrogen Gel for

Vasomotor Symptoms

Role: Co-Principal Investigator Dates: 09/15/2008-08/31/13

Funding Agency: NIH, National Institute on Aging

Total Direct Costs: \$208,810

Description: Accelerate the identification of effective remedies for vasomotor

symptoms in conjunction with NIH Menopause Symptoms Initiative and network and coordinating center (DCC) at Fred Hutchinson Cancer Research Center. Multicenter, factorial design, randomized controlled

trial of yoga, ultra low-dose estradiol (E2) gel and placebo gel.

Title: HMO Research Network Cardiovascular Research Network

Role: Group Health site Principal Investigator

Dates: 09/30/2007-06/30/2012

Funding Agency: NIH, National Heart, Lung, and Blood Institute

Total Direct Costs: \$180,921

Description: To establish a collaborative Cardiovascular Research Network (CVRN)

among 14 member plans of the HMO Research Network to create a unique national resource that leverages the network's cardiovascular expertise, diverse community-based study populations, and rich

electronic data systems.

Title: Development and Use of Network Infrastructure for High-Throughput

Genome Wide Association Studies

Role: Co-Investigator

Dates: 09/27/2007-07/31/2011 Funding Agency: National Institutes of Health

Total Direct Costs: \$3,176,631

Description: This project will develop methods and create the infrastructure to perform

high-throughput Genome Wide Analyses (GWA) in a population based

sample of persons with Alzheimer's disease.

Title: Health Care Improvement for Aging Women

Role: Co-Investigator

Dates: 05/01/2007 - 04/30/2012

Funding Agency: NIH/NIA Total Direct Costs: \$629,249

Description: The purpose of this training program is to prepare postdoctoral public

health scientists (epidemiologists, health services researchers, behavioral scientists, and academic clinicians) to produce the evidence that will guide optimum, efficient, and cost-effective healthcare practices for older women. The overall goal is to create and maintain a comprehensive and scientifically productive training program with a plan for continuous

evaluation and improvement.

Title: Epidemiology of Chronic Periodontitis and Diabetes Mellitus

Role: Co-Investigator

Dates: 12/01/07- 06/30/2010

Funding Agency: Washington Dental Service Foundation

Total Direct Costs: \$450,298

Description: The goals of this study are to confirm and quantify the link between

diabetes and chronic periodontitis and to explore the relationship between diabetes, diabetes outcomes and medical/dental care costs in a large

HMO population.

Title: Endometrial Hyperplasia – A Cohort Study

Role: Co- Investigator

Dates: 04/1/2004 - 01/31/2008

Funding Agency: NIH

Total Direct Costs: \$172,441 (subcontract)

Description: The purpose of this 4-year cohort study is to establish rate of progression

or persistence of the most severe forms of endometrial hyperplasia in

response to progestin therapy or expectant management.

Title Breast and Bone Density: Impact of Colonic Environment

Role: Co- Investigator Dates: 05/6/03 - 04/30/07

Funding Agency: NCI

Total Direct Costs: \$740,113 (subcontract)

Description: The purpose of this study is to examine the relationship between equol-

producer status and lifetime estrogen exposure (beast density and bone density, and markers of estrogen metabolism (ratio of 2-hydroxyestrone

to 16α hydroxyestrone:20HE1:16 α -OHE1).

Title: A Population-Based Randomized Trial to Assess the Effects of

Short-Term Cessation of HRT on Mammography Assessments and

Breast Density

Role: Co-Investigator

Dates: 06/1/2003 - 05/31/2006

Funding Agency: DOD
Total Direct Costs: \$226,336

Description: The purpose of this randomized trial is to evaluate the impact of HRT

cessation for 1-2 months prior to a routine screening mammogram on the

likelihood of receiving a recommendation for additional evaluation.

Title: A Population-Based Randomized Trial to Assess the Effects of

Short-Term Cessation of HRT on Mammography Assessments and

Breast Density

Role: Co-Investigator

Dates: 06/1/2006 - 03/31/2008

Funding Agency: DOD
Total Direct Costs: \$242,229

Description: The purpose of this randomized trial is to evaluate the impact of HRT

cessation for 1-2 months prior to a routine screening mammogram on the

likelihood of receiving a recommendation for additional evaluation

Title: HRT Initiation and Cessation Following Results from the Women's

Health Initiative

Role: Co-Investigator

Dates: 11/1/2002 - 10/31/2003

Funding Agency: NCI
Total Direct Costs: \$150,418

Description: The major goal of this study is to assess whether recent results from the

Women's Health Initiative had an impact on the initiation or cessation of hormone replacement therapy in 5 HMO participants from the Cancer

Research Network

Title: Caring Intervention for Couples Who Miscarry

Role: Co-Investigator

Dates: September 30, 2001 – September 29, 2005

Funding Agency: NIH

Total Direct Costs: \$37,603 (Subcontract)

Description: The purpose of this study is to examine the effect of a home-based

intervention on emotional healing, integration of loss, and perceived couple well-being for women and their male partners after miscarriage.

Title: Postmenopausal Evaluation and Risk Reduction with Lasofoxifene

Role: Co- Investigator

Dates: April 2002 - March 2006

Funding Agency: Pfizer
Total Direct Costs: \$1,390,808

Description: The purpose of the industry-sponsored phase 3 clinical trial is to evaluate

the safety and efficacy of a new selective estrogen receptor moderator in the treatment of osteoporosis in high-risk, postmenopausal women.

the treatment of osteoporosis in high-risk, postmenopausal women.

Title: Postmenopausal Evaluation and Risk Reduction with Lasofoxifene

Role: Co- Investigator

Dates: April 1, 2006 – March 31, 2008

Funding Agency: Pfizer
Total Direct Costs: \$145,518

Description: To continue long-term follow-up of risks and effectiveness of use of

Lasofoxifene in post-menopausal women.

Title: The impact and Cost of Female Bladder Dysfunction and Major

Depression in a Primary Care Population

Role: Co-Investigator

Dates: January 1, 2002 – January 31, 2003

Funding Agency: Upjohn/Pharmacia
Total Direct Costs: \$166,413 (subcontract)

Description: The purpose of this population-based survey is to establish the

prevalence of incontinence among adult women enrollees of Group Health Cooperative, and to evaluate the association between urinary

incontinence and depression.

Title: Systems Approach to Improving Arthritis Clinical Care

Role: Co-Investigator

Dates: December 1, 2000 – November 31, 2003

Funding Agency: Centers of Disease Control

Total Direct Costs: \$586,333

Description: The purpose of this study is 1) To develop an algorithm for identifying

individuals with arthritis using administrative data; 2) To identify methods

to define arthritis-related costs; and 3) To organize and facilitate a structured arthritis clinical care quality improvement initiative in state

health departments.

Title: Alternative Therapies for Menopause: A Randomized Trial

Role: Principal Investigator

Dates: July 1, 2000 – November 30, 2006

Funding Agency: National Institute on Aging/National Center for Complementary and

Alternative Medicine

Total Direct Costs: \$2,989,606

Description: The purpose of this double-blind randomized controlled trial is to evaluate

the efficacy of three alternative approaches utilizing phytoestrogens to treat vasomotor symptoms in peri- and post-menopausal women.

Title: Exercise to Improve Sleep in Heart Failure

Role: Co-Investigator

Dates: February 1, 1999 – September 30, 2001 Funding Agency: National Center for Nursing Research Total Direct Costs: \$63,930 (Subcontract)

Description: The purpose of this study is to investigate the effects of a low-level, nurse

managed exercise intervention on sleep in patients with congestive heart

failure.

Title: Estrogen Replacement and CVD Outcomes in Diabetic Women

Role: Principal Investigator

Dates: July 1, 1997 – June 6, 2001

Funding Agency: National Heart Lung and Blood Institute

Total Direct Costs: \$603,328

Description: A case-cohort study examining the association between hormone

replacement therapy and coronary heart disease, lower extremity amputation and all-cause mortality in women with type 2 diabetes

Title: Phytoestrogens and Colon Epithelium: A Randomized Trial

Role: Co-Investigator

Dates: July 1, 1997 – March 31, 2002 Funding Agency: National Cancer Institute

Total Direct Costs: \$1,091,910

Description: A randomized, double-blind trial of the effect of dietary phytoestrogens on

the estrogen receptor gene and on specific estrogen responsive genes.

Title: An Association Between Prolonged Second Stage of Labor and

Stress Urinary Incontinence - A Pilot Study

Role: Co-Investigator

Dates: January 1, 1999 – July 31, 1999

Funding Agency: Department of Obstetrics and Gynecology, University of Washington

(Fellowship award)

Total Direct Costs: \$13,116

Description: The purpose of this case-control study is to evaluate the association

between prolonged second stage of labor, and other factors associated

with labor, and the development of stress urinary incontinence.

Title: EnPower Providers Follow-up Survey

Role: Co-Investigator

Dates: September 1, 1999 – May 31, 2001

Funding Agency: Centers for Disease Prevention and Control

Total Direct Costs: \$100,000

Description: The purpose of this contract is to survey providers at Group Health

Cooperative about the impact of the findings of the HERs study on HRT counseling, and to revise a consumer workbook for informed decision

making about HRT.

Title: EnPower Women's Survey Follow-up Study: Women's decision-

making and health care provider counseling about the initiation, maintenance and cessation of hormone replacement therapy

Role: Co-Investigator

Dates: September 1, 1997 – August 31, 1998 Funding Agency: Centers for Disease Prevention and Control

Total Direct Costs: \$60,000

Description: The purpose of this study is to investigate; 1) those factors that predict

HRT use, 2) the prevailing reasons women initiate, maintain and or stop HRT, and 3) the nature of HRT counseling with health care providers.

Title: Delivery of Preventive Services to Older Women in Managed Care

Settings

Role: Co-Investigator

Dates: September 1, 1996 – August 31, 1997

Funding Agency: Centers for Disease Prevention and Control – Prevention Center Grant

Total Direct Costs: \$194,898

Description: The long-term objective of this research was to improve health behaviors

and rates of participation in preventive health services among older

women enrolled at Group Health.

Title: Assessment of Hormone Replacement Counseling and Colorectal

Cancer Screening Among Older Women

Role: Co-Investigator

Dates: September 1, 1996 – August 31, 1997 Funding Agency: Centers for Disease Prevention and Control

Total Direct Costs: \$100,000

Description: This was a supplemental request to the third year intervention trial of the

CDC funded study "Delivery of Preventive Services to Older Women in Managed Care Settings." The purpose of this proposal was to include GHC women in development and pilot testing of intervention materials

and to increase the overall sample size.

Title: Estrogen Replacement Therapy and Survival After Myocardial

Infarction in Women

Role: Principal Investigator

Dates: August 1, 1994 – March 31, 1996 Funding Agency: Wyeth-Ayerst Pharmaceuticals

Total Direct Costs: \$25,000

Description: The purpose of this retrospective cohort study was to test the hypothesis

that estrogen replacement therapy decreases the risk of reinfarction and improves survival among women who survive a first myocardial infarction.

Title: Estrogen Replacement Therapy and Survival after Myocardial

Infarction in Women

Role: Principal Investigator

Dates: September 1, 1992 – March 31, 1994

Funding Agency: Group Health Foundation

Total Direct Costs: \$15,000

Description: The purpose of this retrospective cohort study was to test the hypothesis

that estrogen replacement therapy decreases the risk of reinfarction and improves survival among women who survive a first myocardial infarction.

Title: Individual National Research Service Award

Role: Student Recipient

Dates: September 1, 1992 – August 31, 1994 Funding Agency: National Center for Nursing Research

Total Direct Costs: \$25,666

Title: Patient/Spouse Recovery from Coronary Artery Bypass Graft

Surgery

Role: Principal Investigator

Dates: March 1, 1984

Funding Agency: Sigma Theta Tau, National and Local Chapters

Total Direct Costs: \$4,000

Description: The purpose of this study was to describe patient and spouse learning

needs, expected and achieved benefits, and emotional responses during

the first six months following coronary artery bypass surgery.

SCIENTIFIC PRESENTATIONS

Newton KM, Sivarajan ES, Bruce RA, Mansfield LW. Influence of a teaching/counseling program on patient's diet after myocardial infarction. American Heart Association Scientific Session, November 1981.

Newton KM, Sivarajan ES, Bruce RA, Mansfield LW. Cost of hospitalization and loss of income following myocardial infarction. American Heart Association Scientific Session, November 1981.

Newton KM, Sivarajan ES. Patient perceptions and predictions of risk factor changes and activity levels after myocardial infarction. American Heart Association Scientific Session, November 1983.

Newton KM, Killien MG. Expected vs. achieved benefits of patient/spouse after coronary artery bypass. American Heart Association Scientific Session, November 1986.

Newton KM, Killien MG. Quality of life during early recovery from coronary artery bypass. American Heart Association Scientific Session, November 1986.

Newton KM, Killien MG. Patient/spouse learning needs after coronary artery bypass. American Heart Association Scientific Session, November 1986.

- **Newton KM**, Lazovich D, Mueller BA, Daling JR. The risk of low birth weight associated with smoking in consecutive pregnancies. Annual Meeting of the American Public Health Association, New York, November, 1990.
- **Newton KM**, LaCroix AZ. The role of heart disease prevention in women's decisions regarding hormone replacement Therapy, The EnPOWER Study. American Heart Association Scientific Session, November 1996.
- **Newton KM**, LaCroix AZ, Woods NF, Keenan NL, Anderson LA. Decisions about hormone replacement therapy among HMO women in the 1900's. North American Menopause Society, 1996.
- **Newton KM**, Ramsey SC, Wagner EH, McCulloch DK, Sandhu N. The use of automated data to evaluate the complication burden of diabetes in a managed care setting. American Diabetes Association, Boston, June, 1997.
- **Newton KM**, LaCroix AZ, McKnight B, Knopp RH, Siscovick DS, Heckbert SK, Weiss NS. Estrogen replacement therapy and prognosis after first myocardial infarction. National Medical Association Scientific Sessions, Honolulu, August, 1997.
- **Newton KM**, Anderson LA, LaCroix AZ, Buist DSM, Keenan NL. Healthcare provider characteristics and encouragement to use HRT: The EnPOWER Provider Survey. North American Menopause Society, Boston, September, 1997.
- **Newton KM**, LaCroix AZ, Buist DSM. Do providers encourage HRT use for women at high risk of coronary disease? A focus on attitudes and prescribing behaviors. American Heart Association Scientific Session, November, 1997.
- **Newton KM**. Conducting research in a managed care setting. School of Nursing, University of Washington, November, 1997.
- **Newton KM**, LaCroix AZ, Buist DSM, Anderson LA, Keenan NL. What factors account for differences in HRT prescribing by healthcare providers? "The Future of Managed Care and Women's Health: New Directions for the 21st Century," The U.S. public Health Service's Office on Women's Health, Washington D.C., January 1998.
- **Newton KM**, LaCroix AZ, Buist DSM, Anderson LA, Keenan NL. The physician's role in women's decision making about hormone replacement therapy The EnPOWER provider survey. "The Future of Managed Care and Women's Health: New Directions for the 21st Century", The U.S. public Health Service's Office on Women's Health, Washington D.C., January 1998.
- **Newton KM**, Wagner EH, Ramsey SD, McCulloch D, Evans R, Sandhu N, Davis C. The use of automated data to identify complications and comorbidities of diabetes: A validation study. Cardiovascular Health Research Unit Works in Progress, Seattle, WA, February, 1998.
- **Newton KM**, LaCroix AZ, Buist DSM. The use of alternative and complementary medicine by women enrolled in an HMO setting. HMO Research Network Conference. Oakland CA, May 8, 1998.
- **Newton KM.** Obesity and postmenopausal hormones. Obesity: Impact on Cardiovascular Disease. American Heart Association. Amelia Island, Florida, May 1998.
- **Newton KM.** The epidemiology of menopause. Reproductive Epidemiology, Department of Epidemiology, University of Washington, Seattle, WA, November 23, 1998.

- Reed SD, **Newton KM.** Hormone replacement therapy (HRT) in ethnic minority populations. North American Menopause Society, New York, NY, September 21, 1999.
- **Newton KM**, LaCroix AZ, Buist DSM Anderson LA. Will women in managed care use a mailed HRT workbook? The EnPower study workbook trial. North American Menopause Society, New York, NY, September 21, 1999.
- LaCroix AZ, Anderson LA, **Newton KM**, Buist DSM. Qualities of HRT counseling: Findings from the EnPower study. North American Menopause Society, New York, NY, September 21, 1999.
- **Newton KM**, Buist DSM, LaCroix AZ, Anderson LA. Attitudes towards uncertainty regarding HRT counseling: The EnPower Provider Survey. Orlando, FL, Sept 2000 (Poster)
- **Newton KM**, LaCroix AZ, Heckbert SR, Wagner EH, McCulloch DK. Barlow WE. Estrogen replacement therapy is associated with reduced risk of death and cardiovascular events in women with type 2 diabetes. American Diabetes Association, San Francisco, CA, June 15, 2002.
- **Newton KM,** Reed SD, Grothaus L, Ehrlich K, Guiltinan J, LaCroix AZ. The Herbal Alternative for Menopause Study: Factors associated with self reported severity of baseline vasomotor symptoms." Florence, Italy, April, 2004.
- **Newton, KM**. "The Herbal Alternative HALT Study: A randomized trial of black cohosh, multibotanical herbs and dietary soy for vasomotor symptoms." Human Nutraceutical Research Unit, University of Guelph, Guelph, Ontario, Canada, March 29, 2006.
- **Newton KM**, Buist DSM, Yu O, Hartsfield CL, Andrade, SE, Wei F, Connelly MT, Chan KA. Hormone Therapy Re-Initiation and First-Time Initiation by Type, Dose and Route, After the Women's Health Initiative. 7th European Congress on Menopause, Istanbul, Turkey, June 4, 2006.
- **Newton KM**, Reed SD, Lee K, Grothaus LC, Ehrlich K, LaCroix AZ. The Impact of Hormone Therapy and Herbal Remedies for Menopause Symptoms on Sleep Quality: The HALT Trial. 7th European Congress on Menopause, Istanbul, Turkey, June 6, 2006.
- **Newton KM,** Reed SD, LaCroix AZ, Grothaus LC, Nekhlyudov L, Ludman EJ. Physician Approaches to HT Discontinuation. 8th European Congress on Menopause (EMAS), London, UK, May 19, 2009.
- **Newton KM,** Buist, D, Anderson ML, Reed, SD, Bowles E. Who can quit? Factors Associated with Non-compliance with Short-term HT Suspension Prior to Screening Mammography. 8th European Congress on Menopause (EMAS), London, UK, May 19, 2009.
- **Newton KM**, LaCroix AZ, Nekhyludov L, Reed SD, Grothaus L, Beasley J. Secular Trends in U.S. Physicians' Beliefs and Practices Regarding Hormone Therapy: 1996-2006. The 4th Scientific Meeting of the Asia Pacific Menopause Federation, Sydney, Australia, September 27, 2010.
- **Newton KM**, Nekhyludov L, Reed SD, Grothaus L, LaCroix AZ. U.S. Women's Experiences with Quitting Hormone Therapy. The 4th Scientific Meeting of the Asia Pacific Menopause Federation, Sydney, Australia, September 27, 2010.
- **Newton KM**, Reed SD, Guthrie KA, Sherman K, Boothe-LaForce C, Caan B, Sternfeld B, Carpenter JS, Learman L, Freeman EQ, Cohen LS, Joffe H, Andreson GL, Larson JC, Ensrud KE, Sherman S, IaCroix AZ. Efficacy of Yoga for Vasomotor Symptoms in Healthy

Menopausal Women: A Randomized Controlled Trial. North American Menopause Society, September 2012.

TEACHING EXPERIENCE

Formal	Classroom	Teaching
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1977-1982	Lecturer/Research Instructor, Department of Physiological Nursing, University of Washington, Seattle, WA
1990-1993	Instructor, Epidemiologic Methods III Department of Epidemiology, School of Public Health and Community Medicine University of Washington, Seattle.
	Teaching/Student Supervision
1999	Katherine Van Kessel MD, 3 rd Year Resident, Obstetrics and Gynecology, University of Washington, "The Association Between Prolonged Second Stage of Labor and Stress Urinary Incontinence." GHC Consultant.
2000	Catherine Kim, MD, Robert Wood Johnson Scholar, Department of Epidemiology, University of Washington. Gestational Diabetes and Later Conversion to Type II Diabetes, A Population-Based Study. GHC Advisor.
2000	Sarah Cox, RN, Doctoral Student, Case Western University. Diet and Exercise in Mid-Life Women. GHC Consultant.
2001	Jennifer Brennen, MD, Robert Wood Johnson Scholar, Department of Epidemiology, University of Washington. Use of Alternative Therapies in Mid-Life Women". MPH Committee Member.
2002-2007	Michael Fialkow, MD, Senior Fellow, Departments of Urogynocology and Epidemiololgy, University of Washington. GHC Mentor.
2003-2007	Darcy Carr, MD, Department of Obstetrics and Gynecology, University of Washington. "Association between Pre-Eclampsia and Subsequent Type II Diabetes." GHC Mentor.
2004-2006	Jennifer Melville, MD, Departments of Obstetrics/Gynecology, Psychiatry, and Health Services, University of Washington, Mentored K Award. GHC Mentor.
2004	Audrey Warolin, RN, School of Nursing, University of Washington. ARNP Project Committee Member.
2005-2007	Leslie Spangler, DVM, PhD, Group Health Foundation Postdoctoral Fellow in Women's Health, Group Health Center for Health Studies. Mentor.
2005-2007	Meira Epplein, PhD, Department of Epidemiology, University of Washington. "The Etiologies of Endometrial Hyperplasia." PhD committee member.
2009-2011	Joni Longthorpe, ARNP, School of Nursing, University of Washington. DNP thesis committee member

2012 – Joshua Roth, T32 Scholar, Group Health Research Institute